

BEFORE THE PIVOT: A GUIDE FOR ARTISTS

A CREATIVE COMPANION FOR THE ACCOMPLISHED
ARTIST STANDING BETWEEN WHAT HAS WORKED...
AND WHAT'S TRYING TO EMERGE NEXT.

True Vision Studios

THE SPACE BETWEEN

Hey artist — I see you.

You've built something real. You're not starting from scratch. But now you're in that liminal place — the in-between. The next chapter is whispering, but it hasn't fully revealed itself yet. That's what this field guide is for.

I know what it's like to navigate those solitary, unseen phases of the creative process — when the ideas are alive, but doubt and indecision creep in.

This part is about leaning into the unfolding.

You are the vessel. Just like a pipe channels water, you channel creative energy — but if fear clogs the pipe, the flow gets stuck.

The way forward isn't in mapping everything out. It's in taking the next clear step, interacting with the reality of your vision, and adjusting based on what it reveals. Make a choice. Have the experience. Gather the feedback. Then decide again.

That's unfolding — not forcing something into shape, but staying in relationship with what wants to become.

True Vision Studios

WHAT'S DYING, WHAT'S EMERGING

These prompts are designed for making space for what's already true to rise to the surface.

If you're in a season of transition, of shedding what no longer fits and making space for what's next, these questions are here to meet you in that in-between.

What part of you feels outdated or done?

What are you still clinging to that no longer serves the next version of your work?

Where are you outsourcing clarity?

What would not pivoting cost you creatively, emotionally, energetically?

Where are you suppressing yourself?

Suppression is about hiding when you actually want to show up.

And that energy builds. It disturbs your internal rhythm. Staying “high vibe” isn't about being positive, it's about being honest. Vibration is alignment, not performance.

True Vision Studios

THE REALITY OF THIS MOMENT

Even when we feel deeply called to create something new, it's often safer — and more seductive — to stay where we've already been successful.

Especially if you've built a career, had wins, been known for something... stepping into a new phase can feel like risking everything you've already proven.

The truth is, your brain is wired for safety, not expansion.

It's designed to recognize patterns, avoid pain, and keep you inside what's familiar — even if that familiarity has become too small.

So when growth calls, your nervous system might confuse it with danger.

That's why this work is so brave. Not because you're starting from zero, but because you're daring to become new again — on purpose.

True Vision Studios

SKETCHING THE SHIFT

You don't need a five-year plan. You just need to meet your creative life where it is — and move with what's real.

This next set of prompts is rooted in the **Artist Homecoming Method**, a framework I've used to help creatives reconnect with their truth and move forward with clarity. It's made up of three simple but powerful pillars:

Integrate: make peace with what's unresolved

Thrive: design rhythms that actually fit you

Contribute: share what's real, not just what's polished.

Use these questions to sketch the contours of your next chapter — not to lock anything in, but to start shaping the edges of what's calling you forward.

SKETCHING THE SHIFT

What are you craving creatively right now?

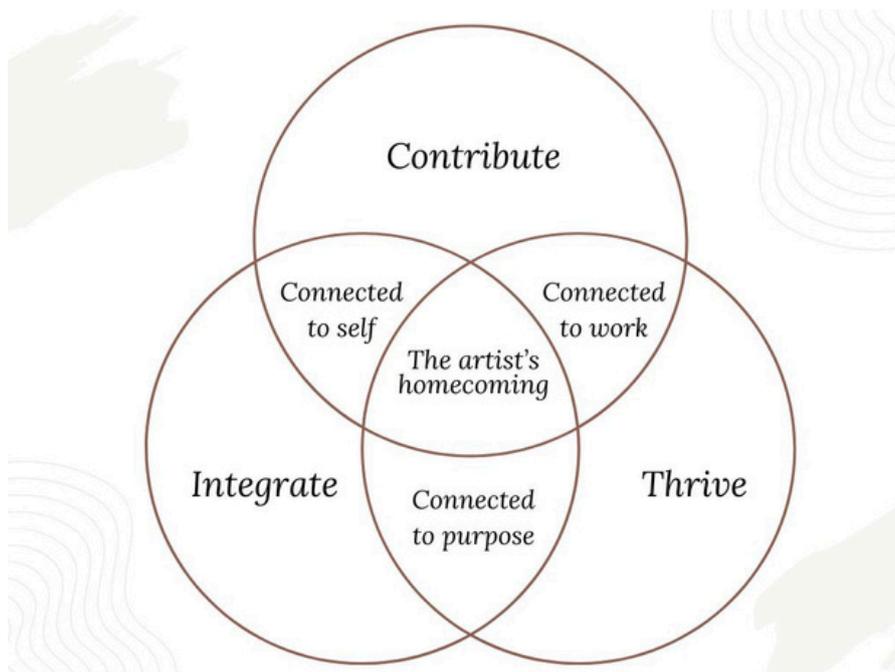
What's the clearest next thing (not biggest)?

What supports would let you create more like yourself?

Integrate: What's unresolved?

Thrive: What rhythms nourish you?

Contribute: What feels honest to share now, not just “polished”?



COMPLETING THE CYCLE

If you're in that foggy, potent, almost-ready place — stay close. That's where the real work lives. You don't need to rush clarity or force momentum. You just need to stay in relationship with what's unfolding.

Ready to move beyond reflection into aligned action? That's the work I do with artists, guiding you through the in-between with clarity and support.

Book a free coaching interest chat: let's explore your projects, creative vision, and what kind of support you're looking for.

[BOOK HERE](#)

Read the blog: essays, insights, and process notes from artists navigating the in-between.

[READ HERE](#)

Join Studio Letters: occasional emails with updates, announcements, and artist celebrations from the True Vision Studios community.

[SUBSCRIBE HERE](#)

True Vision Studios

True Vision Studios