



ABOUT US

The spa is named after the beloved wife of Lord Krishna. It is also meaning prosperity or success.

The Radha Spa is not only a common spa, but it is designed as a shrine of wellbeing where guests will be welcomed by warm and genuine hospitality surrounded by relaxing atmosphere.

Each treatment is tailored to meet the fundamental need of relaxing holiday to complete their stay experience in Sankara Resort & Spa.

Find the best treatment to match the rhythm of your body.

Our treatment rooms are exclusive: therefore, we encourage you to make an advance reservation to secure your private session.

** the above rate not include 21% Gov tax and service charge*

Radha Signature Package



Radha So Special

Celebrate your special day by experiencing a unique sensation of signature Radha treatment. Calming, detoxifying, and rejuvenating full body treatment using varying levels of pressure, including herbal paste on localize area and herbal bath at the end, this treatment recommended for strengthening the muscle and joint, jet leg relief, as well as detoxification of better sleep.

2 Hours | IDR 750.000,- /Person

Coconut Secret Beauty

Take the journey toward radiant health: let the magic of coconut energize your beauty with its healing power.

Coconut is recognized as one of the super foods because it contains properties that can prevent or even cure wide range of ailments.

Inclusions:

- Balinese Massage
- Special Head Massage
- Coconut Scrub
- Coconut Mask with Milk Coconut
- Bubble Bath
- And Face Cleansing

2 Hours 30 Minutes | IDR 825.000,- / Person

** the above rate not include 21% Gov tax and service charge*

Radha Signature Package



Kasmaran Package

Kasmaran means fell madly in love. This special package is designed for couple to revive the sparks and bring the romance back alive.

Inclusions:

- Flower foot bath
- Balinese Massage
- Volcanic Body Scrub
- Volcanic Clay Body Mask
- Romantic Flower Bath
- 1 bottle of Red Wine during bath

2 Hours 30 Minutes | IDR 2.000.000,-/Couple

Rukmini Pakage

A combination of some selected treatment to offer you a memorable experience of a body and mind rejuvenation ritual.

Each treatment is chosen thoughtfully which provides continuum relaxation from one treatment to another. This package includes foot ritual, Balinese massage, volcanic scrub, volcanic mask, facial, bubble bath, and moisturizing body lotion.

3 Hours | IDR. 1.100.000,- /Person

** the above rate not include 21% Gov tax and service charge*

Body Massage



Balinese Massage

Authentic traditional Balinese Massage with the combination of stretching, long stroke skin rolling, palm & thumb pressure technique to balance the energy centers and improve the integration of your internal systems, blood circulation and stress release

60 Minutes | IDR. 500.000,- /Person

90 Minutes | IDR. 600.000,- /Person

Aromatherapy Massage

Experience our signature massage that offer a warm sense of cajuput essential oil in very gentle but firm strokes depending on your preference. Effective to reduce stress, rejuvenate your body and revitalize your body

60 Minutes | IDR.450.000,- /Person

Foot Massage / Reflexology

It is an application of appropriate pressure to specific points and areas on the feet and lower leg, muscle and reflex points that correspond to different organs and systems. This treatment is perfect to release stress and ease tensions.

45 Minutes | IDR.350.000,- /Person

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Body Massage



Yasodha Healty Massage

A healing massage with finger, palm, shiatsu, Balinese Massage, and elbows flowing with concentrated energy for long continuous strokes combined with gentle touch.

Provides a complete relaxation and tension relieve.

90 Minutes | IDR. 599.000,- /Person

Deep Tissue Massage

This special therapy is focusing on realigning deeper layers of muscles and connective tissues. It is especially helpful for chronic muscle tension and contracted areas such as stiff neck, lower back tightness, sore shoulders, and high blood pressure.

60 Minutes | IDR. 600.000,- /Person

Warm Oil Massage

An exclusive Balinese massage combined with heated coconut oil to warm the body. The combination of acupressure and hot oil will help to balance your energy, loosen tight muscle, and improve blood circulation.

60 Minutes | IDR.550.000,- /Person

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Body Massage



Therapeutic Back Massage

An exclusive back, neck and shoulder massage using the therapeutic technique to release the muscle tension, stiffness and restore mobility and alignment of the back.

45 Minutes | IDR 400.000,- /Person

Indian Head Massage

A deep relaxing massage of head, neck and shoulder using warm pure coconut oil. The technique applied is good to ease tension in the muscle of the head and induce a deep sense of calm.

45 Minutes | IDR 350.000,- /Person

Hot Stone Massage

This full body massage uses heated volcanic stone help to melt away the tension, ease muscle stiffness and increase circulation and metabolism. The heat from the stone has a healing effect and provide you more relaxation for fatigued and overwork muscle.

90 Minutes | IDR.700.000,- /Person

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Body Treatment



Traditional Body Scrub (Balinese Boreh)

This treatment is using a century-old recipe of pure mixture of herb and spices which will help to warm your body, improve blood circulation, reduce muscle pain, bone pain, fever and even headache. The treatment is included foot ritual and moisturizing lotion.

45 Minutes | IDR 365.000,- /Person

Island Bliss

Buff away dead skin cells, leaving your skin supremely smooth. A gently coconut exfoliator helps your skin feel more smoother and more refined. The treatment is included foot ritual and moisturizing lotion. Recommended for sensitive skin and a very dry skin.

45 Minutes | IDR 355.000,- /Person

Rushali Body Scrub

A special exfoliation treatment using volcanic powder to remove dead skin cell, detoxify your skin, leaving it smooth and shiny. The treatment is included foot ritual and moisturizing lotion. Recommended for all skin type.

45 Minutes | IDR. 355.000,- /Person

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Beauty



Anti-Aging Facial with Rose Crystal

Invigorate the skin and restore emotional balance with this exotic facial. Using the range of Sensatia Botanical product which good to boost the collagen production and stimulate cell renewal. A relaxing massage of feet, hands, arms and scalp evokes a deep sense of relaxation, leaving the skin fresh and glowing

60 Minutes | IDR 650.000,- /Person

Radha Hydrating Facial

Using Sensatia Botanical product, this facial is designed to nourish your skin on a deeper level, removing the dead skin cells and stimulating the formation of newer, healthier cells.

60 Minutes | IDR 550.000,- /Person

Mini Facial

This deep cleansing treatment is designed for both women and men. The treatment consists of deep cleansing facial, peeling, face massage, face mask, and hand & shoulder massage.

30 Minutes | IDR 250.000,- /Person

Manicure or Pedicure

Get a healing and well-groomed nail. Our natural manicure and pedicure treatment includes nail and cuticle conditioning, nail shaping and buffing, nail art. The treatment is closed by reflexology using rich cream leaving the skin silky-smooth.

60 Minutes | IDR 359.000,- /Person

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The Sankara Resort & Spa by Pramana

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Bath Ritual



Milk Bath Ceremony

Completing your holiday with one of our shooting bath ceremony. Our Shooting Milk Bath ceremony not just only having a bath, but it also gives you a light, gentle exfoliation on your skin from the fat and protein in the milk which provided immediate benefit in your bath water.

45 Minutes | IDR. 350.000,- /Person

Luxury Flower Bath

Feel the spoiled sensation in this luxury flower bath ritual. This luxury bath ritual will calm your mind, balance your mood and make you feel like in heaven.

45 Minutes | IDR. 400.000,- /Person

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Adds On



Add to Your Treatment

Treat yourself to some extra time being spent on your favorite or troublesome area. Simply add one of the following to your treatment:

- Back
- Foot
- Neck & Shoulder
- Head
- Face

**Add ons can only be experience when added to another treatments.*

30 Minutes | IDR. 200.000,- /Person

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