

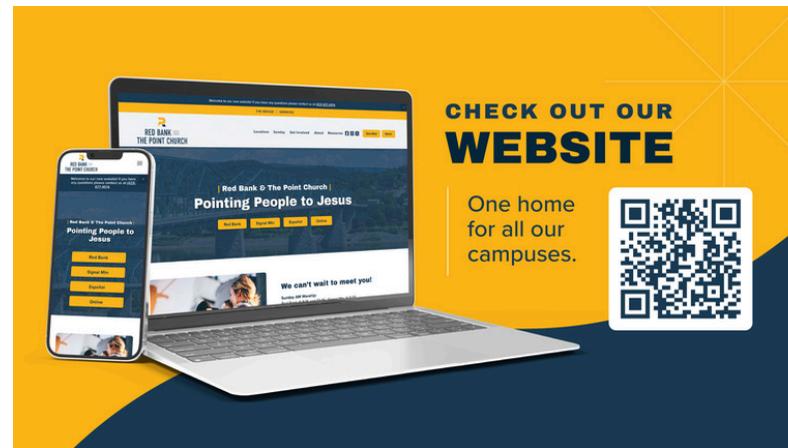
Life Group Key Components

In Acts 2, we see a snapshot of the life-changing community we want our Life Groups to foster. In verse 42, Luke describes how the early church was **connecting** ("fellowship," "devoted themselves to meeting together"), **conversing** ("apostle's teaching," "praising God"), and **caring** ("prayer," "sold possessions," gave "as any had need") for one another. Therefore, at every gathering, Life Groups will focus on Connection, Conversation, and Care.

Our groups have a simple, weekly rhythm:

- **Connect Time** - First 15 minutes - Welcome everyone and connect with visitors allowing for a brief time of open fellowship. Share any significant announcements or plans for the group.
- **Conversation Time** - Middle 30 minutes - God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him. We spend time learning the Word together and applying it as a group.
- **Care Time** - Last 15 Minutes - This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As a **Life Group**, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between.

Connect Digitally



 church center
Scan the QR code to get started and connect with the life of your church.



RED BANK AND
THE POINT CHURCH

2026 Life Group Guide
Sundays @ 11 a.m.

Signal Campus

LIFE GROUPS are all about **LIFE-CHANGING CONNECTION, CONVERSATION & CARE**

CHILDREN & STUDENTS

ADULTS

Life Change

Life change happens best in circles, not rows! Our groups are a place to engage in real life-changing relationships. The mission of Life Groups is authentic, life-changing **CONNECTION, CONVERSATION, and CARE.**

Connection

We have open groups for **every life stage** meeting continuously on our campuses each week. Connecting people is the most important task of Life Groups! We want to connect and “do life together” through Life Groups!

Conversation

Life Groups bring together people for authentic conversations about Jesus, His Word, and our lives. This engages people of all ages in evangelism, discipleship, fellowship, ministry, and worship of Christ.

Care

Life Groups help people experience the love and care of others. This is where people get to minister to people! Prayer, encouragement, affection, acceptance, honor, and service are emphasized in all groups.



CHILDREN

Birth-1 Year	105
2s	100
3s	102
4s & 5s	104
Kindergarten	207
First Grade	201
Second Grade	205
Third Grade	203
Fourth Grade	206
Fifth Grade	204

STUDENTS

Middle School	Gym
High School	Gym

YOUNG ADULTS

College & Young Professionals	Church Office
Married Couples	Worship Center
Married Couples	209

MEDIAN ADULTS

Faith & Friendship (Singles & Couples)	300
Journey (Empty Nesters)	400
Couples with Teens	404

OLDER ADULTS

Friendship (Women)	301
Mountain Movers (Coed, 50s-60s+)	304

Need Assistance?

Please don't hesitate to contact our ministry leaders if you have any questions or would like some guidance on which group may be right for you or your family!

Allison Simmons (Children): asimmons@thepointchurchtn.org
 Laura Weston (Preschool): lweston@thepointchurchtn.org
 Ryan Jeffcoat (Students): rjeffcoat@thepointchurchtn.org
 Richard Rea (Adults): rrea@thepointchurchtn.org