



Aaron Johnson

Speaker, Facilitator,
Artist, Activist, Filmmaker

SPEAKING TOPICS

The Chronically UnderTouched (CUT) Project and Consent

The Intersections of Sex & Race, Through-lines of Lynching to the Black Brute Narrative

Natural Building as a Practice of Black Liberation

Black Folks Back to Nature & Healing Tree Material

Grief to Action Sanctuary

The Life-Saving Practice of Mentorship

Trauma Tracking, Moving from Trauma-informed to Carnage-informed

DEI - Diversity, Equity, and Inclusion

Reaching for Blackness, Dismantling Oppression through Human Connection & Closeness

Song Circles and Singing as an Act of Resistance

“Hugging, snuggling, holding is a life-saving act.”

Aaron Johnson is a public speaker, facilitator, and touch activist who practices closeness as a way to break down barriers between people. As co-founder of both Holistic Resistance and Grief to Action, Aaron takes the time to hold the stories of black people around homophobia, transphobia, internalized racism, and those that are Chronically UnderTouched. Aaron has created the Chronically UnderTouched (CUT) Project — basic strategies to bring a black body from being Chronically UnderTouched to a state of touch balance, as part of the lifelong journey of interrupting oppressive systems that make touch balance a radical action.

SELECT APPEARANCES

[TEDxUCIrvine](#)

Three Black Men - Song Leader

[RISE Urban Nation](#)

[Corporate for the Culture](#)

Firefly Gathering - Keynote

IYANUS Yoga Equity Training - Keynote

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