

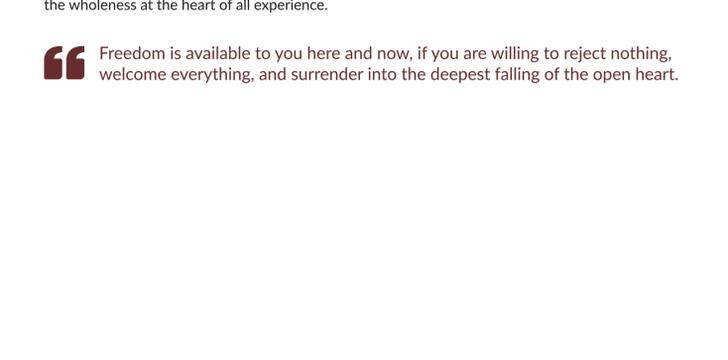
# AMODA MAA TEACHINGS

# Media Pack



Media Kit 2025 Edition  
[amodamaa.com](http://amodamaa.com)

AMODA MAA



## Introduction

Amoda Maa is a spiritual teacher and author whose presence is a living invitation into the depth of being. Her teachings are a call to meet each moment with radical openness – not as an escape from life, but as a way to illuminate it from within.

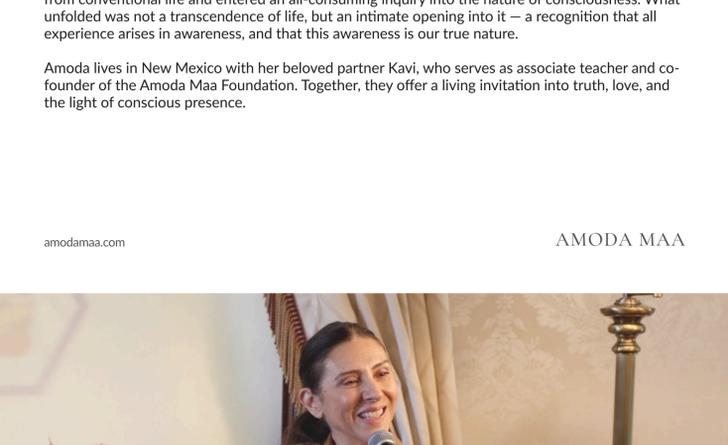
Emerging from a profound realization of nondual awareness, Amoda speaks with clarity, tenderness, and unwavering truth. Her voice is not bound to tradition or ideology, but arises from the direct recognition of what is always here and cannot be lost. She offers no method, no promise of attainment – only the invitation to recognize the truth that reveals itself in the stillness of being.

In a world increasingly defined by division and uncertainty, her teaching offers a sanctuary of peace. It is a transmission of luminous presence that does not depend on circumstances, and a pointer to the wholeness at the heart of all experience.

“Freedom is available to you here and now, if you are willing to reject nothing, welcome everything, and surrender into the deepest falling of the open heart.”

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## Biography

### Short Bio:

Amoda Maa is a contemporary spiritual teacher and author whose work invites a deep recognition of our true nature amidst the reality of everyday life. Speaking from her own lived realization, her teachings bridge the timeless essence of nonduality with the immediacy of human experience. Free of dogma or lineage, her expression is clear, compassionate, and uncompromising.

She is the author of several books, including *Embodied Enlightenment*, *Falling Open in a World Falling Apart*, and her most recent work, *Unveiling the Light of Being: The Direct Path to Realizing Your True Nature* – a book that distills the heart of her teaching into a single, luminous transmission.

Amoda speaks internationally at retreats, events, and online gatherings, meeting seekers from all paths in the one light of truth.

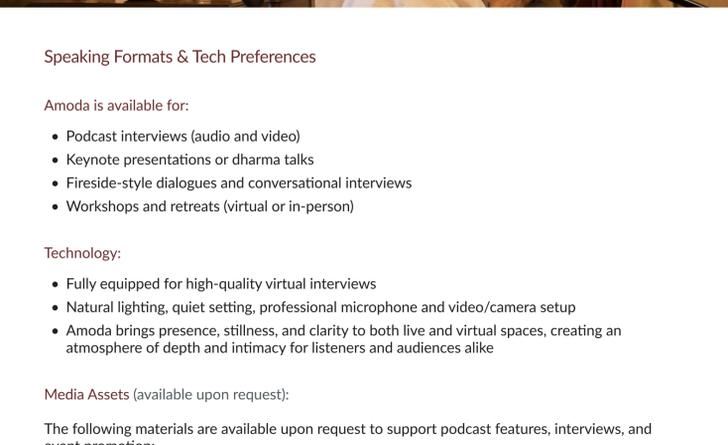
### Extended Bio

Born in Cyprus and raised in the UK, Amoda Maa's early life was shaped by displacement and a deep longing to understand existence. After a period of profound inner dissolution, she turned away from conventional life and entered an all-consuming inquiry into the nature of consciousness. What unfolded was not a transcendence of life, but an intimate opening into it – a recognition that all experience arises in awareness, and that this awareness is our true nature.

Amoda lives in New Mexico with her beloved partner Kavi, who serves as associate teacher and co-founder of the Amoda Maa Foundation. Together, they offer a living invitation into truth, love, and the light of conscious presence.

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## Speaking Engagements & Appearances

### Interview Topics:

- Bringing Nondual Awareness into the Heart of Everyday Life
- Welcoming Everything: Meeting Suffering Without Resistance
- Ego Is Not Who You Are: Seeing Through the Illusion of Identity
- Discovering Your True Self as the Silent Radiance of Being
- Living as Peace in a Divided World

### Amoda has spoken at:

- Pure Presence Conference Series – Awake in Stillness / Know Thyself / Many Paths, One Self / The Infinite I Am
- Heart and Mind Institute Global Summits – Art of Meditation / Life Mastery
- Science and Nonduality (SAND) Conferences

### Featured guest on numerous radio and podcast shows, including:

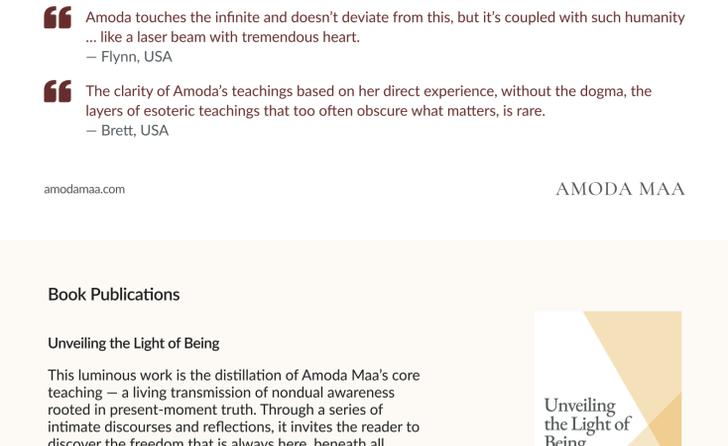
- New Dimensions Radio
- Buddha at the Gas Pump

### Her work has been featured in several publications, including:

- Watkins Mind Body Spirit Magazine
- Inzicht Magazine for Nonduality
- Science and Nonduality (SAND)

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## Speaking Formats & Tech Preferences

### Amoda is available for:

- Podcast interviews (audio and video)
- Keynote presentations or dharm talks
- Fireside-style dialogues and conversational interviews
- Workshops and retreats (virtual or in-person)

### Technology:

- Fully equipped for high-quality virtual interviews
- Natural lighting, quiet setting, professional microphone and video/camera setup
- Amoda brings presence, stillness, and clarity to both live and virtual spaces, creating an atmosphere of depth and intimacy for listeners and audiences alike

### Media Assets (available upon request):

The following materials are available upon request to support podcast features, interviews, and event promotion:

- Professional headshots
- Book covers and promotional graphics
- Teaching clips and short excerpts from live events
- Audio and video samples of talks and interviews
- Speaker introduction bio (short + extended versions)
- Podcast appearance archive
- Event flyers and digital banners
- All assets can be provided in high-resolution formats suitable for print, web, and social media.

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## Ideal Audience

### Audience Demographics

Amoda Maa's teaching speaks to those who are ready to meet life as it is - with openness, presence, and a deep longing for truth that transcends ideology.

- Those drawn to the deeper questions of existence and the mystery of being
- Individuals navigating the challenges of life – grief, loss, uncertainty, or inner unrest – who sense the possibility of freedom amidst it all
- Seekers who have grown weary of spiritual concepts and long for a simple, direct realization of truth
- Therapists, counselors, and healing professionals exploring the meeting point of psychology and spiritual integration
- Practitioners of meditation, mindfulness, or inner work who are ready to open beyond technique into the living silence of awareness
- Those drawn to the pathless path – beyond ideology or dogma – into the groundless ground of awakened consciousness

Her invitation is not to escape life's messiness, but to open fully to the sacredness inherent in every moment – even when the world appears to be falling apart.

### Testimonials

“Amoda touches the infinite and doesn't deviate from this, but it's coupled with such humanity ... like a laser beam with tremendous heart.”  
– Flynn, USA

“The clarity of Amoda's teachings based on her direct experience, without the dogma, the layers of esoteric teachings that too often obscure what matters, is rare.”  
– Brett, USA

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## Book Publications

### Unveiling the Light of Being

This luminous work is the distillation of Amoda Maa's core teaching – a living transmission of nondual awareness rooted in present-moment truth. Through a series of intimate discourses and reflections, it invites the reader to discover the freedom that is always here, beneath all seeking and striving. With poetic clarity and unflinching compassion, *Unveiling the Light of Being* is both a guide and a mirror, pointing to the ever-present light of consciousness that shines through every experience.



Published by NADAM Publications, 2025

### Earlier works:

#### Embodied Enlightenment

A contemporary call to awaken not away from life, but deeper into it. This book illuminates how true realization is not the end of the journey, but the beginning of a radical intimacy with all of life. With fierce clarity and feminine grace, *Embodied Enlightenment* invites the reader to meet every experience as an expression of consciousness and to live the truth of being, here and now.



#### Falling Open in a World Falling Apart: The Essential Teaching of Amoda Maa

This book distills the heart of Amoda's teaching – an invitation to meet life with unguarded openness. It speaks directly to the inner seeker who is ready to stop striving and begin listening to the intelligence of love that moves through all things. Rooted in uncompromising truth and deep compassion, it offers a pathway beyond reactivity and division into the radiant wholeness of awakened presence.



### Testimonials

“Never have I heard or participated in deeper conversations and inquiry than with Amoda Maa and her teachings—it is always a deep dive and offers profound transformation.”  
– Lori, Canada

“I am often moved by the intense beauty and crystalline clarity in Amoda's teachings. It touches me deeply and subtly shifts my insight and understanding of reality.”  
– Maurice, Germany

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