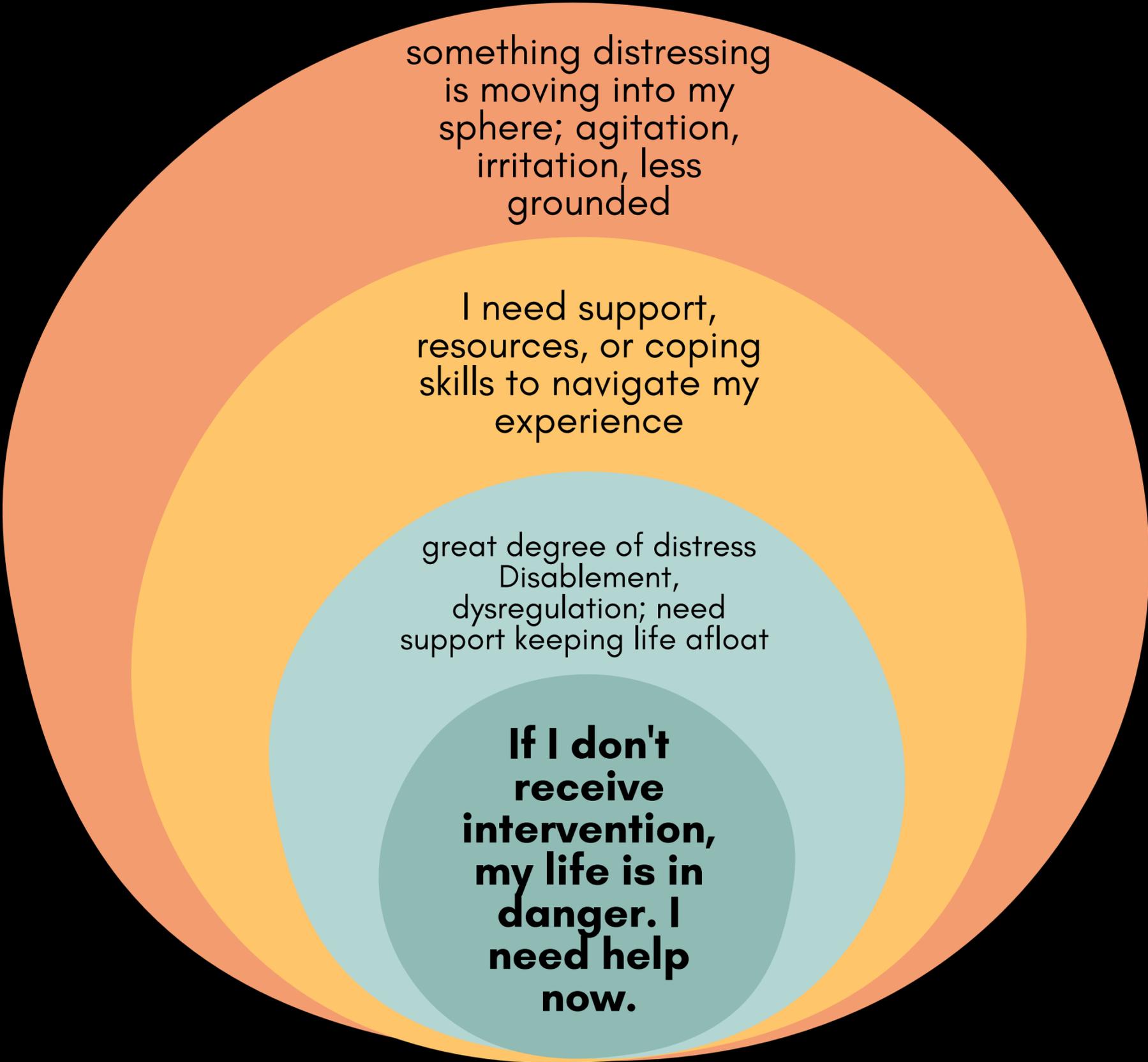


crisis sphere



distress; a trigger



distress is growing + I need support



CRISIS



distress + environment can no longer meet needs. **warning flag**



distress + I need change now. **if I do not receive intervention, my life is in danger**