

OSOYOOS INDIAN BAND COMMUNITY NEWSLETTER



SEPTEMBER 2024

BACK 2 SCHOOL



GO PAPERLESS AND RECEIVE THE NEWSLETTER BY EMAIL.

RZUBECK@OIB.CA

BIRTHDAYS

Matthew Baptiste

Ryan Weinert

Moses Louie

Marlene Alex

Harry Gallagher

Maxine Baptiste

Scott Sanders

Tony Baptiste

Richard Louie

Charlene Baptiste

Muriel Tanner

Verna Louie

Yvonne Weinert

Casey Kidd

Henry Baptiste

Michael Gallagher

Sarah Emma Louie

Alanea Holmstrom

Leona Baptiste

Margaret Deneault

Kenneth Allen

Cheyenne Louie

Bryanna Hughes

Kyle Baptiste

Desirai Weinert

Cassandra Falkus

Brock Matutat

David Alex

Steven Gallagher

Antonio Pulido

Branden Louie

Connor Baptiste

Jaycee Alex

Kaiya Douglas

Raven Tomma

Kali Gabriel-Baptiste

Noah Bower

Tyrel Alex

Kimberley Casimer

Phoenix Baptiste

Cynthia Casimer

John Hall

Clayton Joel Gabriel

Ace Tyrone Paul

Jay Terry Paul

Brianne Louie

Chloe Baptiste

Lilia Martinez

Lindsey George

Watson Gallagher

Corey Sutherland

Saith Spence

Zain Bolenback

Rowan-Rain Mutambudzi

Nylah Matutat

Venessa Baptiste

Skylar Casimer

Ashley Hicks

Hayden Kruger

Emmy Sanders

Jason Singer

Jaxon Singer

Jayleigh Clarke

Zayne Rapp

NkwenuLaxw Hall

Car'mncut Clark

Kieyada Anderson



BAND MEETING NOTICE

Please be advised that the next **MONTHLY BAND MEETING** will be
5pm September Tuesday 24th, 2024
NK'MIP COMMUNITY HALL.

Dinner will be provided at 5:00PM.

Agenda:

Topics: you want discussed at the
Band meeting, please contact
Sammy Louie at
250-498-3444 Ext 3020 or email:
SLouie@oib.ca and she will make up
an agenda.

Sincerely,
Chief Clarence Louie

**All band members are encouraged to attend to
voice your concerns and opinions.**



**EVERY CHILD
MATTERS**

**RECONCILIATION
STARTS WITH YOU**



NATIONAL DAY FOR TRUTH AND RECONCILIATION
WALK FOR THE CHILDREN

30 SEPTEMBER, 2024 | 10 AM

SNPINK'TN, PENTICTON BC

Each year, September 30 marks the **National Day for Truth and Reconciliation** and Orange Shirt Day. The day honours the children who never returned home and the survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital part of the reconciliation process.

We invite you to join us for a 2 km walk for the children who never made it home on National Day for Truth and Reconciliation. Route to be confirmed soon!

Please Note: Please attend walk at your own risk, the ONA is not responsible as this is a public event. We will have lunch at the monument but priority will be given to Syilx IRS Survivors, Syilx elders and Nation members.

For more information:

Hailey Wright, Communications Coordinator
HaileyW@syilx.org or 250-707-0095 ext 233
www.okanagannation.com

**WALK IS OPEN TO EVERYONE
REMEMBER TO WEAR YOUR
ORANGE, GREEN, OR BLUE SHIRTS**



OSOYOOS INDIAN BAND

1155 Sen Pok Chin Boulevard PHONE: 250.498.3444 – FAX: 250.498.6577 OLIVER, BC V0H 1T8

MINOR TRUST DISTRIBUTION 2024

Osoyoos Indian Band, Chief and Council, has been in consultation with OIB's Lawyers, regarding, Per-Capita Distribution for registered OIB members who are MINORS (18 and younger).

1. Chief and Council has decided (with legal advice), that it is in the best interest of all OIB Member Minor's, to place 100% of the Minors share of Distributions, Per Capita's into their Minors Trust Fund, which is what most Bands do.
2. The Council is giving all OIB parents/Guardians a ten (10) month notice, that starting December 2024, in the best interest of each OIB member Minor that OIB will place 100% of each child's portion in their Minor's Trust Account.
3. All Parents and Guardians will still be able to request a form (approved by Council) to withdraw funds, but, for specific purposes and limits only by doing the following.

Filling out an Application, fully and completely and handing it to any Council member or Joanne McGinnis (accounting department). All withdrawal applications, will be presented and approved at a regular Council Meeting.

The reasons for parents and guardians to request monies from the member child Trust Account, will be limited to Education, Medical and Sports.

If payments are approved, they will be paid directly to the provider of the service.

September 9, 2024

Did you know bears are now searching for food in your neighbourhood?

In the fall, bears develop an insatiable appetite and may take greater risks to access unnatural food sources than they normally would. This phase in their life cycle is called **hyperphagia**, and bears are looking for around 20,000 calories a day to build fat stores for the winter. When they find food in residential areas, they can become conditioned to human presence and lose their natural fear of us. This is dangerous both for the bears and for humans. To help keep your community and local wildlife safe, it is critical to manage garbage and other bear attractants around the home.

Other bear attractants around the home that also need management include:

- Fruit and nut trees: Harvest fruit and nuts as they ripen and pick up fallen produce as it accumulates.
- Animal feed: Ensure pet and livestock feed is stored securely and do not allow uneaten food to sit out.
- BBQs and bird feeders: Clean barbeques and other outdoor cookers of grease and food after each use and consider removing bird feeders outside of the winter months.

Not all wildlife encounters need to be reported to the Conservation Officer Service (COS), but there are some situations that can escalate and become a public safety concern if not reported. Reports can be made by calling the RAPP line 1-877-952-7277, or using the online form at forms.gov.bc.ca/environment/rapp/.

It is important to contact the COS if you see a bear, cougar, coyote, or wolf doing any of the following:

- Accessing human food sources, (e.g. garbage, backyard fruit trees, birdseed, pet food, barbecues)
- Not showing natural fear of humans (i.e. not fleeing when yelled at or when scare attempts are made)
- Lingering around a highly public area such as a city park or school during daylight hours
- Breaking into or destroying property (e.g. sheds, cars, garages)
- Attacking or charging humans or pets

If you have any questions, please email rdos@wildsafebc.com or call 778-531-8040. For more information on managing wildlife attractants and reducing wildlife conflict, please visit [wildsafebc.com](https://www.wildsafebc.com).

Sincerely,

Valerie Maida
RDOS WildSafeBC Community Coordinator

O&M Department

The O&M department would like to have the metal detector (Pin finder) returned. It is in a 4-to-5-foot yellow case.

Someone borrowed it to find lot survey pins. It was borrowed about 6 weeks ago. Whoever has it, please return it to Tony's office or just drop it off at the front desk. Thank you



Save The Date!

SEPTEMBER 18, 2024

**ÑXA?CÍÑ (ELDER)
LUNCHEON**

N'KWALA SCHOOL GYM

9410 NKWALA RD, DOUGLAS LAKE, BC

11 am - 2 pm

**CALLING ALL SYILX ELDERS TO JOIN US FOR
A FALL LUNCHEON WHERE WE CAN VISIT,
LAUGH, AND SHARE STORIES!**

OPEN TO ALL SYILX NATION ELDERS

For More Info:
Mikkeila Ridsdale, Communications
and Events Assistant
mridsdale@syilx.org
250-707-0095 ext. 127
www.okanagannation.com

Powwow Practice Night

Join us for an evening of listening
to powwow tunes and having fun
practicing dancing.

Tuesday's
5:30-7:00pm

SPC GYM



Twisted Arrows Call out for Instructors



Looking for interested community members for a beginner level Archery Coaching/Instructor Clinic to get certified as an Archery coach/instructor.

We are looking for a minimum of 8 participants.

Dates: TBA

Location: OIB

Contact: Shan
speltier@oib.ca

Or 250-689-9894



Job Posting

INTERNAL x External Posting and External

The Job Posting will be posted at, Osoyoos Indian Band Nk'Mip Resource Centre, OIBDC, OIBDC Businesses, Sen Pok Chin, Nk'Mip Daycare)

EXTERNAL

Date: August 9, 2024	Position: Chief Operating Officer (COO)
Company/Operational Area: Osoyoos Indian Band Development Corporation	
Location: 1155 SenPokChin Blvd Oliver BC V0H 1T8	
Basic Responsibilities <p>The COO will oversee and support the effective operation of all Band businesses while seeking new business opportunities for the Band. The COO will develop and maintain the strategic and Operational plans for the OIBDC and implement them. This position will work closely with the Chief Executive Officer to oversee all business operations. The COO will work closely with the Corporate Controller, Human Resource Director, and the Communication & Marketing Director to ensure business runs in an efficient professional manner. The Chief Operating Officer will utilize the Board Advisors and seek advice or opinions on current business opportunities to be taken to the Board for Approval.</p> <ul style="list-style-type: none">Identifies opportunities with outside agencies/ government grant/funding to implement projects within OIB/OIBDC. Ensure the reports are all finalized within the submission of the grant funding.Develop and implement new business strategies for creating or improving processes and procedures to improve corporate performance.Represents the organization at the Board of Directors level. Lead and direct program development, work culture enhancement, consensus-building, and internal communications.Manage, motivate, and mentor all company managers as specified by the organizational chart.Works with the Corporate Controller in managing project budgets, forecasts, and long-term financial plans; ensure corporate adherence to annual budgets.Regularly reports to the CEO on the company's status and ability to meet its operational objectives.Ensure proper reporting structure within and between all business units and/or departments.Meet regularly with department heads/business unit leaders; facilitate resolution of issues/problems between business units and/or departments.	
Minimum Qualification Requirements: <ul style="list-style-type: none">University degree in Business or Finance; an MBA, CPA, or CMA designation is preferred.Minimum of 10 years experience within a multi million-dollar organization in progressively more responsible positions.Effective leadership skills, with a strong focus on operations and business processes.Strong knowledge of fiscal management and responsibility, business finance, capital funding, contracts, and partnerships.Familiar with INAC (Indian Affairs) land leasingTravel RequiredOvertime as required	
Start Date	Open until filled
Workdays	Monday to Friday with evenings and weekends when required
Hours of Work	50 hours weekly
Term of Employment	Full Time (2-year contracts with renewal)
Pay Rate	\$93,600.00 to \$135,200.00
Deadline for Applications	Open until filled
Contact Person: Leona Baptiste the HR Director for the Osoyoos Indian Band Development Corp. at HR@OIB.ca or lbaptiste@oib.ca	Phone: (250) 498-3444 ext.: 3004

Job Posting

INTERNAL x OIB Membership and External

The Job Posting will be posted at ,Osoyoos Indian Band Nk'Mip Resource Centre, OIBDC, OIBDC Businesses, Sen Pok Chin, Nk'Mip Daycare)

EXTERNAL

Date: September 9, 2024,	Position: Education Director
Contact Person: Leona Baptiste: lbaptiste@oib.ca	Phone: 250 498-3444 etc.: 3028
Company: Osoyoos Indian Band	
Location: Oliver BC	
<p>Basic Responsibilities:</p> <p>Under the direction of the Band Administer the Education Director will be responsible for the coordination of the Osoyoos Indian Band Education program. The education program provides services to Band Members attending Elementary, High School, Vocational Schools, Colleges and Universities. The Education coordinator is responsible for the financial administration and funding acquisition for educational programs. This position plays an important role in achieving the social, educational and employment objectives of the Band.</p> <ul style="list-style-type: none">• Effectively maintains a clear understanding of all aspects and levels of the educational system and understands how to access program information for students. (i.e. access programs for special needs, and tutors.)• Thoroughly applies career counseling skills and superior analytical skills in assisting students with the exploration of career options, identifying appropriate educational choices and addressing issues that arise during the planning process.• Efficiently compiles and oversees funding reports for the nominal role and Post-Secondary Student Registry (PSSR). Submits the reports to INAC within defined timelines for educational funding. (i.e., High school, Learning Centre, Elementary).• Prepare an annual forecast of funding requirements for vocational and post-secondary training and prepare related budgets. (i.e., PSSR post-secondary) (i.e. forecast budgets – returning students, new and graduates)• Thoroughly and without delay administers and coordinates students’ requests for education assistance.• Keep an accurate and up to date student filing system.• Grade school and high school monitor and monitor the students who are having difficulty graduating or moving onto the next grade.• Help post-secondary students with student loans and bursaries.• Monitor post-secondary students away at university or college with assistance in programing.	
Minimum Qualification Requirements:	

Job Posting

INTERNAL x OIB Membership and External

The Job Posting will be posted at (Osyoos Indian Band Nk'Mip Resource Centre, OIBDC, OIBDC Businesses, Sen Pok Chin, Nk'Mip Daycare)

EXTERNAL

- Familiar with the Osyoos Indian Band Community and issues related to education.
- Has valid BC Driver License (Class 5)
- Training and experience as an Education and Career Counselor.
- Current knowledge and understanding of all related educational systems, including how to access funds, where to find information on programs and how to register for programs

Location	1155 SenPokChin Blvd Oliver BC V0H1T8
Start Date	Open until filled
Workdays	5 days a week
Hours of Work	8:30 am to 4:30 pm
Term of Employment	Term contract
Pay Rate	Based on experience
Deadline for Applications	Open until filled

Job Posting

INTERNAL x External Posting and External

The Job Posting will be posted at, Osoyoos Indian Band Nk'Mip Resource Centre, OIBDC, OIBDC Businesses, Sen Pok Chin, Nk'Mip Daycare)

EXTERNAL

Date: August 8, 2024	Position: Director of Operations
Company/Operational Area: Osoyoos Indian Band Development Corporation	
Location: 1155 SenPokChin Blvd Oliver BC V0H 1T8	
Basic Responsibilities <p>The Director of Operations is to work closely with the CEO, Corporate Controller and HR Department providing support and overseeing all business managers. Planning and implementing comprehensive internal and external marketing programs that increase revenue and profits and will hold additional duties relating to accounts receivable. Duties will include coordinating and communicating activities, budgets and general troubleshooting. This position will also hold key duties in the formulation of innovative business development strategies, creating productive and sustainable relations through partnerships, associations and the community at large to drive client growth. Additional duties will include the achievement of budget targets in both revenue and department expense categories, performing accounts receivable duties, maintaining ledgers, credit balances and resolving account irregularities.</p> <ul style="list-style-type: none">• Manage and oversee the budget development for operational business.• Provide Support and Direction to the Managers of the OIBDC Companies in developing Business Plans, Budgets, Reports and Proposal writing.• Arrange and attend executive team meetings; take, distribute, and archive meeting minutes when requested.• Collaborate with inventory planning personnel to minimize shortages and improve inventory holdings.• Execute strategic marketing plan with operational businesses and C&C when requested.• Write out grant applications, apply for funding and write report submissions.• Demonstrate knowledge of, and promote, company mission, vision, value statements, standards, policies and procedures, operating instructions, confidentiality standards, and the code of ethics.• Collaborate with the Controller or Finance Manager to maintain collection goals and general A/R performance levels.• Communicate with internal/external sales representatives and accounting/tax professionals as necessary to complete job duties.• Working closely with managers, bookkeeper to provide accurate monthly profit or loss reports.• Travel will be limited as this position is to stay onsite and or preapproved by manager.• Will be expected to provided reports monthly on operational turn around and projects working with all companies.• Will be expected to work on current operational business as to lead to a higher profit margin with operational business.• Provide on the ground training with managers on how to streamline the business.• And all other duties as assigned.	

Job Posting

INTERNAL x External Posting and External

The Job Posting will be posted at, Osoyoos Indian Band Nk'Mip Resource Centre, OIBDC, OIBDC Businesses, Sen Pok Chin, Nk'Mip Daycare)

EXTERNAL

Minimum Qualification Requirements:

- Minimum bachelor's degree in business, marketing, or related field required.
- Minimum 10 years working experience in business management and/or marketing required.
- Excellent management writing and verbal communication skills.
- Strong presentation, written, and verbal skills.
- Proven skills to interact effectively with employees in order to direct workflow, assess performance and assign duties.
- Understanding of the industry and area of service.
- Able to create realistic schedules and meet deadlines under stress and interruptions.
- Confident with decision making in regard to determining project guidelines, purpose, following through and completion.
- Understanding of financial reports including budgetary guidelines and project expenditures.
- Ability to assign and delegate work, problem solve, answer questions and evaluate results of performance.
- Computer literacy, including effective working skills of MS Word, Excel, PowerPoint, Adobe products and Outlook required.
- High level of critical and logical thinking, analysis, and/or reasoning to identify underlying principles, reasons, or facts
- Ability to follow through and complete overlapping projects
- Demonstrated ability to accurately calculate, post, correct, and manage accounting figures and financial records.
- Strong knowledge of collection regulations and fair credit practices.
- Experienced in Grant writing .

Start Date	Open until filled
Workdays	Monday to Friday with evenings and weekends when required
Hours of Work	50 hours weekly
Term of Employment	Full Time (2-year contracts with renewal)
Pay Rate	Based on company wage scale
Deadline for Applications	Open until filled
Contact Person: Leona Baptiste the HR Director for the Osoyoos Indian Band Development Corp. at HR@OIB.ca or lbaptiste@oib.ca	Phone: (250) 498-3444 ext.: 3004

September

2024

OIB Community gym bookings

Gym Bookings

By Ramona Bent

250 485 8246



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 RTP 3-5 Open gym 6-8 Zumba 5-6	5 RTP 3-5 Open gym 5-8	6 RTP 3-5 Open gym 5-8	7 Open gym 12-8
8	9 RTP 3-5	10 3 to 5 RTP Pow wow practice 5:30-7pm	11 RTP 3-5 Open gym 6-8 Zumba 5-6	12 RTP 3-5 Open gym 5-8	13 RTP 3-5 Open gym 5-8pm	14 Open G 12 to 8
15	16 RTP 3-5	17 3 to 5 RTP Pow wow prac 5:30-7 pm	18 RTP 3-5 Open gym 6-8 Zumba 5-6	19 RTP 3-5 Open gym 5-8	20 RTP 3-5 Open gym 5-8pm	21 Open G 12 to 8
22	23 RTP 3 to 5	24 3 to 5 RTP Pow wow prac 5:30-7 pm	25 Open gym 6-8 RTP 3 to 5 Zum 5-6-cancel	26 RTP 3-5 Open G 5 to 8	27 Open G 5 to 8pm RTP 3 to 5	28 Open gym 12 to 6 Basketball rec center 9-12
89	30 RTP 3 to 5	3 to 5 RTP Pow wow prac 5:30-7 pm	3 to 5 RTP Open gym 6-8 Zumba 5-6	Basketball rec center, 9:15-10:15 gr 2 to 4	Basketball rec center, 10:30-12 gr 5 to 7	every Saturday till mid-December

Please contact Ramona Bent 250 485 8246 to book the gym – Anyone using the gym is responsible for cleanup, no food or water in gym except bottled water. Please make sure bathrooms are tidied up before leaving, if using kitchen, it must be kept as it was and turn on kitchen fan above stove. Please take your garbage out to the dumpster after activity.



Classes hosted by the OIB Language House



CAPTİK^{wł} 1

weekly classes

- WHERE: OIB LANGUAGE HOUSE (OLD BAND OFFICE)
- WHEN: TUESDAYS AND THURSDAYS 1:00 - 4:00 PM
- START DATE: OCTOBER 03 2024
- PAUL CREEK CURRICULUM: CAPTİK^{wł} 1 CLASSES

contact oiblang@oib.ca for registration

NSELXCIN 1 OR EQUIVILANT RECOMMENDED

O I B L A N G U A G E H O U S E



REGISTRATION FORM

First day of Class: October 03 , 2024

Locations: 1006 McKinney Rd, Oliver BC

Studying Salish School/Paul Creek Nsəlxcin Curriculum: *captikʷl 1*

Course runs Oct. to June. One class per week.

Deadline to Register: October 01, 2024

Name (English & sqilxʷ)	Mailing Address:
Phone:	Email:
Age:	Employer (if OIB):
Band:	Contact name & email to report attendance to (if requested)
Emergency contact:	Emergency Contact #:

Have you had any previous nqilxcn language experience? ____ yes ____ no
(Nsəlxcin 1 recommended)

If yes, provide more information: _____

Please check the following class day you can attend.

<i>Tuesday</i>		<i>Thursday</i>
1:00-4:00 <input type="checkbox"/>		1:00-4:00 <input type="checkbox"/>

AGREEMENT

My signature below indicates agreement with the following terms:

I will attend scheduled classes and activities and I commit to complete the entire year. My attendance will be shared with my sponsoring Band/employer should it be requested. Nsəlxcin courses offered by OIB Language House are designed to move learners toward proficiency but are not credited through any institution. All meals, lodging, transportation, and other expenses are my sole responsibility. I absolve and release the OIB Language House and/or Osoyoos Indian Band from any liability for expenses or damages incurred by me while attending the language course. I allow my photos and videos to be used for promotional material.

Applicant signature _____
date

Supervisor signature (if OIB) _____
date

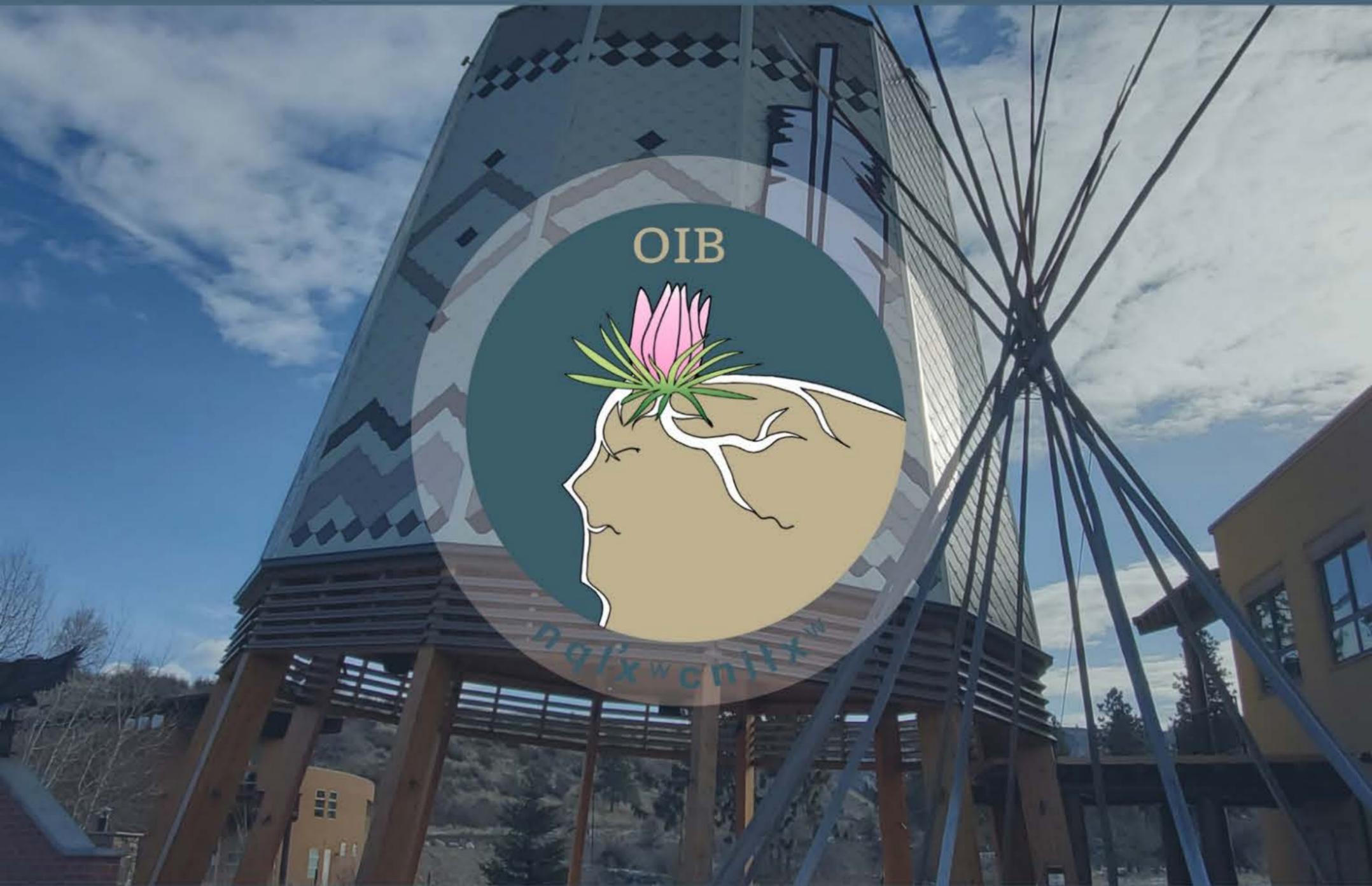
Please send completed form to FBell@oib.ca or the general inbox Oiblang@oib.ca or in-person at the OIB Language House

There may be supports in place to attend class, please contact Leona Baptiste, Human Resources (250)498-3444 for further information.

The OIB Language House will be having

captikwł 1 Classes

These classes will be 3 hours long and held once a week utilizing the Paul Creek Curriculum.



START: SEPT 23 2024

REGISTRATION DEADLINE: SEPT 17 2024

For any further questions or registration please contact our general inbox
oiblang@oib.ca



Wellbriety Talking Circle

Every Monday

Start at 5:00 p.m. to 7:00 p.m.

Meal starts at 5:00 pm & meeting starts at 5:30 pm.

At OIB Band Office Basement

The program developed by Don Coyhis, Mohican Nation. The programs are based on sobriety and recovery, and wellness and has a culturally based healing to the next 7 generation of our people, using the medicine wheel, spiritually, emotionally, physically and mentally. The Group looks at brining in guest speakers around cultural activities or teachings and shares our own journey in the talking circles as "you are not alone."

Contact

Roger Hall 250 498 6935 (message)

Ramona Bent 250 485 8246

When we get close to July and August we will review attendance to decide if we close for 6 weeks, as for some this is a busy time for families.

As long as I have your cell or phone number, I can contact you if we do close.

18 + Years Old
No Child Minding
Must Sign Waiver

ZUMBA CLASS

No Class

September 25

October 2

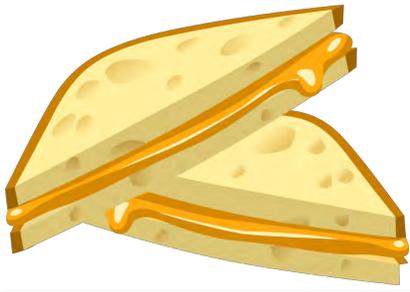
October 16

BRITTANY SUDERMAN
INSTRUCTOR

MORE INFO CALL MELISSA @ 250-498-6935

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Labour Day</i>	3 <i>First Day of School</i> <i>Early Dismissal 12:00</i>	4	5	6	7
8	9	10 <i>K5 and Gr.4 Classes</i> <i>OIB Water Park Field</i> <i>Trip 10:30—12:00</i>	11 <i>OK Falls OIB Proper-</i> <i>ty field trip</i> <i>Gr. 2,3,6,7—8:45</i> <i>Gr. 5,5/6—12:15</i>	12 <i>OK Falls OIB Prop-</i> <i>erty field trip</i> <i>Gr. 1,4—8:45</i> <i>Gr. K5—12:15</i>	13 <i>Lunch Program Fees</i> <i>are Due</i>	14
15	16	17	18	19	20	21
22	23	24	25 <i>Teacher Inquiry Day</i> <i>Early Dismissal 12:00</i>	26	27	28
29	30 <i>National Day for</i> <i>Truth &</i> <i>Reconciliation</i> <i>School Closed</i>					



September 2024



Sun	Mon (\$3.00/\$5.00)	Tue (\$3.00/\$5.00)	Wed (\$3.00/\$5.00)	Thu (\$3.00/\$5.00)	Fri (\$3.00/\$5.00)	Sat
1	2 <i>Labour Day</i>	3 <i>First Day of School Early Dismissal 12:00</i>	4 <i>Mac N Cheese + Veggies</i>	5 <i>Chicken Bunwich + Veggies</i>	6 <i>Grilled Cheese + Veggies</i>	7
8	9 <i>Hamburger Soup</i>	10 <i>Beef Tacos + veggies</i>	11 <i>Lasagna + Veggies</i>	12 <i>Beef Bunwich + Veg- gies</i>	13 <i>Grilled Cheese + Veggies</i>	14
15	16 <i>Chicken Noodle Soup</i>	17 <i>Chicken Tacos + Veggies</i>	18 <i>Spaghetti + Veggies</i>	19 <i>Pork Bunwich + Veg- gies</i>	20 <i>Grilled Cheese + Veggies</i>	21
22	23 <i>Sausage Tortellini Soup</i>	24 <i>Beef Quesadillas + Veggies</i>	25 <i>Teacher Inquiry Day Early Dismissal 12:00</i>	26 <i>Ham Bunwich + Veggies</i>	27 <i>Pizza</i>	28
29	30 <i>Beef Potato Soup + Bun</i>					<u>Lunch Fees</u> Student: \$3.00 daily \$50.00 per month Adult: \$5.00 daily \$75.00 per month

PLAY PROGRAM PARTICIPANT REGISTRATION FORM



ABOUT RIGHT TO PLAY'S PLAY PROGRAM

The Promoting Life-skills in Aboriginal Youth (PLAY) Program uses play to build essential life skills and promote health and well-being among children and youth. The Community Mentor is an employee of the community's Band or urban organization and has chosen to deliver the PLAY program with the support of Right To Play from **September 4, 2024 to August 29, 2025**.

PROGRAM POLICIES

The following policies apply to the PLAY program

- The Community Mentor and Right To Play staff are obligated to report any suspected abuse.
- Right To Play and my community's PLAY program have a zero tolerance policy for violence, verbal aggression, drugs or alcohol. The Community Mentor will remove anyone found engaging in such activities.

PARTICIPANT WAIVER OF RIGHT AND RELEASE

PLEASE READ CAREFULLY. This is a legal document. By agreeing to and signing this registration form you are giving up certain legal rights including the right to sue. you are also assuming certain obligations and risks. Notwithstanding precautions taken, accidents and unfortunate circumstances can occur and therefore this waiver of right and release must be agreed to and signed before you can participate in the program. If you do not understand this waiver of right and release, seek clarification from a legal advisor.

By signing this registration form, the participant(s) named below (or if a participant is under the age of 18, the participant's parent or guardian), acknowledge, consent and agree that, in consideration of being allowed to participate in the PLAY program:

- The named participant(s) is able to participate in the full range of activities and events, which may include but are not limited to games, leadership workshops, arts and crafts, and sports.
- The named participant(s) is able to go on supervised excursions outside program space/centre, which may include but are not limited to land-based activities, trips to theme parks, community/recreation centres, swimming pools, neighboring communities and university campuses.
- The named participant(s) is able to participate in surveys, provide feedback and share stories about their experience in the PLAY program.
- Certain Community Mentors and Right To Play staff members may, as a courtesy, provide transportation to and from the PLAY program for the named participant(s). I agree to assume all of the risks and responsibilities associated with such transportation, without any right to claim against Right To Play, its staff members, employees, directors, officers, agents, representatives, volunteers or the Community Mentor (the "**Releasees**") for any injury, loss or damages whatsoever the named participant(s) may suffer as a result of such transportation (including, but not limited to, personal injury, death or property damage).
- In the event of an accident, injury or illness affecting the named participant(s), the named participant(s) may receive emergency medical care by a first responder or health care professional. This may include notification of community paramedics or the administration of first aid by the Community Mentor, Right To Play staff, or other local staff/volunteers who may or may not have first aid training.



PLAY PROGRAM PARTICIPANT REGISTRATION FORM

- In the event of an accident, injury or illness affecting the named participant(s), the Community Mentor and/or Right To Play staff may authorize all procedures, including admission to hospital and necessary treatment therein, as they may deem necessary or prudent for the care and well-being of the participant. Such action shall be taken only when immediate contact with the named Parent/Guardian cannot reasonably be made.
- I will not hold the Releasees responsible or liable for any injury, loss or damages, occurring to the named participant(s) during Right To Play activities, including but not limited to any injury, loss or damage which the named participant(s) may suffer as a result of first aid administered by the Community Mentor, Right To Play staff, or other local staff/volunteers.
- I recognize that participation in the PLAY program is at the risk of the named participant(s) and I agree to assume full responsibility for any injury, loss or damages which may occur to the named participant(s) in the course of their participation in the PLAY program.
- I hereby waive, release and forever discharge the Releasees from any and all actions, causes of actions, damages, lawsuits, claims, demands, costs, expenses and any other liability for any injury, loss or damages (including, but not limited to, personal injury, death or property damage) resulting directly or indirectly from the named participant(s) participation in the PLAY program.

DIGITAL COMMUNICATION & MEDIA RELEASE

By checking the box on the next page, the participant (or participant's parent or guardian if participant is under the age of 18):

- Gives Right To Play and the Community Mentor permission to communicate program updates and deliver some or all of the program to the participant(s) through digital communication including social media.
- Authorizes Right to Play and Right To Play's partners (e.g. donors, sport organizations and training facilitators) to use photographs and/or video in which the participant(s) appears for marketing, promotional and educational purposes in any and all media including in printed and/or electronic media, including the Right to Play website and on social media.



PLAY PROGRAM PARTICIPANT REGISTRATION FORM

PARTICIPANT ONE

Participant's Full Name: _____

Participant's Birth Date: _____ Participant's Gender: _____

Participant's Health Card Number: _____

Special Medical Concerns/dietary restrictions: _____

YES I consent that photographs or video taken at the PLAY program may be used for purposes as described above

NO I do not want any photographs or video taken at the PLAY program to be used for purposes as described above

PARTICIPANT TWO

Participant's Full Name: _____

Participant's Birth Date: _____ Participant's Gender: _____

Participant's Health Card Number: _____

Special Medical Concerns/dietary restrictions: _____

YES I consent that photographs or video taken at the PLAY program may be used for purposes as described above

NO I do not want any photographs or video taken at the PLAY program to be used for purposes as described above

MAIN CONTACT

Parent/Guardian Full Name: _____ Phone Number: _____

Address: _____

Parent/Guardian Email Address: _____

SECONDARY CONTACT

Full Name: _____ Phone Number: _____

Address: _____

Email Address: _____

Relationship to participant(s): _____

By signing below, participant (or participant's parent or legal guardian, if participant is under the age of 18) agrees that participant may participate in the PLAY program and acknowledges having carefully read and understood this Form, and consents and agrees to its contents, including the Participant Waiver of Right and Release.

Participant Signature 1(if 18+): _____

Participant Signature 2(if 18+): _____

Parent/Guardian Signature (must be parent/guardian of each participant named above): _____

Date: _____

RIGHT TO PLAY
WHEN CHILDREN PLAY, THE WORLD WINS.

RIGHT TO PLAY
WHEN CHILDREN PLAY, THE WORLD WINS.

Right to Play
School Year Program
September 4, 2024 – August 29, 2025

Where: SenPokChin (SPC) Gym /Youth Centre

When: Monday - Friday, 3 pm to 5 pm.

Ages: 6-12 (Must be 6 years of age upon registration)
Can be 13 if attending SPC

Eligible Youth: OIB members/Community members
(Living on OIB Reserve)/SPC Students

*** Please note:** Snacks will be provided from 3-5pm/**If your child requires something else;** you can pack them extra snacks (trail mix, fruit, etc.)

For registration information please contact:

Marvin Louie - mlouie@oib.ca or 250-498-6323

Seth Baptiste – 250-689-8299

*** REGISTRATION FORMS CAN BE PICKED UP AT THE OIB YOUTH CENTRE **OR** THE FRONT DESK AT SPC**

*** STARTS WEDNESDAY SEPTEMBER 4, 2024**

*** IF SCHEDULE CHANGES; PARENTS/GUARDIANS WILL BE NOTIFIED.**



RIGHT TO PLAY

OIB YOUTH CENTER/GYM SEPTEMBER SCHEDULE 2024

Sunday		Closed
Monday	Right to Play (RTP)	3:00PM-5:00PM
Tuesday	Right to Play (RTP)	3:00PM-5:00PM
	Pow Wow dancing practice	5:30PM-7:30PM
	By Lilia Martinez (Open.....)	
	Youth Center	5:00PM-8:00PM
Wednesday	Right to Play (RTP)	3:00PM-5:00PM
	Adult Zumba Class	5:00PM-6:00PM
	Youth Center/Gym	5:00PM-8:00PM
Thursday	Right to Play (RTP)	3:00PM-5:00PM
	Youth Center/GYM	5:00PM-8:00PM
Friday	Right to Play (RTP)	3:00PM-5:00PM
	Youth Center/Gym	5:00PM-8:00PM
Saturday	Youth Center/Gym	12:00PM-8:00PM

Youth Center is closed during stat-holiday's & community gatherings

(Unless otherwise stated)

*Will post changes to 'SCHEDULE' via Facebook and OIB group e-mail

***YOUTH CENTRE/GYM** (EVENINGS & SATURDAYS) **OPEN TO AGES 10+**





Okanagan Nation Alliance

101 – 3535 Old Okanagan Hwy, Westbank, BC V4T 3L7
Phone (250) 707-0095 Fax (250)707-0166 www.sylx.org

EMPLOYMENT OPPORTUNITY

Hatchery Equipment and Facilities Maintenance Coordinator – Medical Backfill

The Okanagan Nation Alliance (ONA) is the Tribal Council for the Syilx Okanagan Nation. The ONA's mandate is to advance, assert, support and preserve the Syilx Okanagan Nation Title and Rights. Further, the ONA is charged with providing members with a forum to discuss and form positions of common concern.

The ONA is currently seeking to employ a Hatchery Equipment and Facilities Maintenance Coordinator within their fisheries department. The successful applicant should be comfortable working in a fast-paced, dynamic results-based environment and have excellent problem solving, communication, supervision, time management, and safety management skills. As a Hatchery Equipment and Facilities Maintenance Coordinator based out of Penticton, you will undertake duties associated with the Okanagan Nation Alliance's fisheries projects throughout the Okanagan.

Key Duties and Responsibilities attached to this position are:

The position is responsible for the efficient management of physical plant operations; maintenance and ensuring regulatory requirements of the hatchery facility and its offsite locations are met and complied with. Furthermore, the job incumbent continuously contributes to the development of equipment and hatchery plant operations policy and procedure, including development and implementation of the strategic and operational plans pertaining to equipment and facilities maintenance. As well as participate in Fish Culture duties.

The job incumbent works collaboratively with the ONA Hatchery Operations Biologist and Hatchery Biologist to ensure that the hatchery facility is maintained at optimal level and that all Fisheries equipment are logged into the department inventory, regularly maintained and meet applicable safety standards.

- Operates, monitors and repairs various equipment including wells, pumps, standby generators, electric control systems, plumbing systems, ozonation systems, digital control systems, HVAC, heating/chilling and refrigeration equipment as well as specialized buildings, offsite fish culture facilities and public educational displays.
- Maintains a complex water delivery system for fish production that optimizes water quantity and quality while ensuring the water delivery system is not operated beyond its rated water supply parameters or licensed volumes.
- The position provides the Hatchery Operations Biologist with impacts of new and revised programs on the facility.
- The position contributes to the development of policy with respect to facilities and equipment.
- Develops and implements a comprehensive Preventative Maintenance Program (PM) which schedules and records actions taken for required maintenance tasks for all hatchery buildings, works and equipment. The PM program (COGZ) will help ensure buildings, works and equipment are ready for immediate use, safely operated and adequately maintained to help reduce failure rate and its associated costly repairs/replacement and risks to fish stocks.
- Develops short- and long-term facilities maintenance plans and scope, prepares cost estimates, submits for approval and undertakes approved major facilities maintenance and enhancement projects. This will include working closely with staff, contractors, consultants and project managers.
- Identifies and recommends contractors and monitors their performance. Ensures contractors adhere to Occupational Health and Safety requirements and the ONA Safety program, environmental compliance, health, building, electrical and other legal and/or regulatory requirements.
- Undertakes various administrative tasks including training of staff and overseeing of contractors, development of budget estimates, monitoring and forecasting of expenditures for equipment related operations and projects. This includes keeping and securing digital and hardcopy data, drawings, manuals, warranties and computerized controls systems. The position furthermore takes a lead role in providing

recommending rationale to the Hatchery Operations Biologist for the acquisition and disposal of facility related equipment and assets and takes action stemming from this.

- Provides appropriate training to facilities maintenance and fisheries staff and contractors to ensure work procedures are consistent with established work safe BC practices, federal and provincial legislation and that an emergency response program is developed and maintained and that fish stocks are not placed at undue risk due to facility and equipment failures.
- Performs scheduled hatchery facility maintenance work as per work plan.
- Other duties as required of this position, Fish Culture duties and helping with all aspects related to Fish Culture.

Qualifications and Competencies

This position will require the following qualifications, values and competencies.

Qualifications and Experience

- A Trades qualification in a related field with 5 years' relevant experience in a fish hatchery facility or similar industry that included tools and equipment procurement and maintenance or an equivalent combination of education and experience.
- First Aid and Transport Endorsement certification, Swift Water, and other applicable safety training is an asset.
- Experience in First Nation natural resources programs or projects is preferred.
- Willingness and ability to work outdoors, occasionally in adverse weather conditions, perform physical work in enclosed spaces, lift up to 50 lbs, heights, noise, dust and fumes.
- Workplace Hazardous Materials Information System certificate required
- Willingness and ability to be on call and to respond to emergencies and alarms

Knowledge, Skills and Abilities

- Working knowledge of fish hatchery operations and occupational health and safety is mandatory.
- Previous experience supervising staff and overseeing contractors.
- Comprehensive knowledge of wastewater treatment and water systems.
- Working knowledge of operation, maintenance and monitoring of systems.
- Track record of continuous contributions in improvements in safety, equipment and tool reliability.
- Must be able to operate hand tools (such as hammers, drills and measuring devices), powered tools (such as power washer, weed eater and hammer drill), pneumatic tools (such as sander and grinder), wood fabrication tools (such as table and skill saw) and safety equipment associated with barricades, high angle harnesses and confined space equipment. Must be able to operate HVAC systems, diesel generators and other equipment such as motors of a variety of HP including Genset emergency backup.
- Multiple skills around mechanical equipment including knowledge and ability to use mechanical systems including working knowledge of operation and maintenance of refrigeration, diesel, electric and gasoline equipment.
- Well developed carpentry and ground maintenance skills.
- Computer skills in a wide variety of programs such as Microsoft Office suite and willingness to learn other programs are necessary.
- Ability to follow specific directions and protocols.
- Ability to communicate excellently in both oral and written form.
- Commitment to adhere and promote and demonstrate safety in the workplace.
- Experience in working with First Nations organizations' issues and concerns.
- Availability of a reliable vehicle and a valid BC Drivers' License with the ability to obtain class 4 driver's license.
- Ability to travel, work flexible work hours/willingness to work on evenings and weekends, shift work, on-call.
- Must be comfortable and safe in working in and around water

Hours: Full Time 40 hrs per week, with flexible work hours (e.g. some evenings and weekends).

Hourly Wage: \$25.95 – \$35.11

Application Procedures: Interested candidates are invited to forward a current resume and covering letter to:

David Leroux, Employment and Human Resources Administrator
Okanagan Nation Alliance
101- 3535 Old Okanagan Hwy Westbank,
BC V4T 3L7
Email: fishadmin@syilx.org
Fax: (250) 707-0166

Thank you for your interest, No Phone Calls Please only those short-listed will be contacted.

The Competition is posted until filled.



Okanagan Nation Alliance

101 – 3535 Old Okanagan Hwy, Westbank, BC V4T 3L7
Phone (250) 707-0095 Fax (250)707-0166 www.syilx.org

EMPLOYMENT OPPORTUNITY

Fisheries Technician 1 Uncertified – Hatchery

The Okanagan Nation Alliance (ONA) is the Tribal Council for the Syilx Okanagan Nation. The ONA's mandate is to advance, assert, support and preserve the Syilx Okanagan Nation Title and Rights. Further, the ONA is charged with providing members with a forum to discuss and form positions of common concern.

The ONA is currently seeking to employ a Fisheries Technician 1 – Uncertified within their fisheries department. The successful applicant should be comfortable working in a fast-paced, dynamic results-based environment and have ability to effectively communicate, follow directions and protocols, and work safely. As a Fisheries Technician 1 – Uncertified based out of Penticton, you will undertake duties associated with the Okanagan Nation Alliance's fisheries projects, specifically out of the Hatchery.

Key Duties and Responsibilities attached to this position are:

Reporting to the applicable Biologist or Technician in charge, the Fisheries Technician Uncertified 1 safely provides general activities within the hatchery and may work on other projects across the fisheries department in regard to fish, fish habitat, and fisheries and aquatic resources including equipment in a safe manner, through the Syilx world view in order to uphold the Chief Executive Council mandate, as it relates to the fisheries.

- Participate in the collection, preservation, and analysis of biological, chemical or physical samples, data and information.
- Participate in the collection of fish, husbandry and release.
- Operate and maintain hatchery, boat and truck equipment and instruments and identifying materials and supplies to be replenished, reporting any problems identified.
- Ensure equipment storage shed maintenance is undertaken and issues are reported.
- Work with hatchery/field/lab crews.
- Communicate project goals and educate on fish biology.
- Other duties as discussed and agreed upon.

Qualifications and Competencies

This position will require the following qualifications, values and competencies.

Qualifications and Experience

- Successful completion of Grade 12 with 2 years general experience in a fisheries environment or an equivalent combination of education and experience.
- First Aid certification, Swift Water, and other applicable safety training is an asset.
- Experience in First Nation natural resources programs or projects is preferred.
- Willingness and ability to work outdoors, occasionally in adverse weather conditions, perform physical work in enclosed spaces, heights, noise, dust and fumes.

Knowledge, Skills and Abilities

- Some experience of enumeration techniques and fish identification.
- Some experience of fish culture, native species and their habitat.
- Some experience of field services operations and procedures.
- Some experience of fish, fish habitat and fisheries and aquatic resources.
- Ability to use equipment.
- Ability to follow specific directions and protocol.
- Ability to use computer software (such as e-mail, MS Word, and Excel)
- Ability to communicate orally and in writing.
- Ability to work safely.
- Experience in working with First Nations organizations' issues and concerns.
- Availability of a reliable vehicle and a valid BC Drivers' License.
- Ability to travel, work flexible work hours/willingness to work on evenings and weekend.

Hours: Full Time 40 hrs per week, with flexible work hours (e.g. some evenings and weekends).

Hourly Wage: \$17.40 - \$22.45

Application Procedures: Interested candidates are invited to forward a current resume and covering letter to:

David Leroux, Employment and Human Resources Administrator Okanagan Nation Alliance
101- 3535 Old Okanagan Hwy Westbank, BC V4T 3L7
Email: fishadmin@syilx.org Fax: (250) 707-0166

Thank you for your interest, No Phone Calls Please only those short-listed will be contacted.

The Competition is posted until filled.



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EMPLOYMENT OPPORTUNITY
Hatchery Technician 3 Certified

The Okanagan Nation Alliance (ONA) is the Tribal Council for the Syilx Okanagan Nation. The ONA's mandate is to advance, assert, support and preserve the Syilx Okanagan Nation Title and Rights. Further, the ONA is charged with providing members with a forum to discuss and form positions of common concern.

The ONA is currently seeking to employ a Hatchery Technician 3 – Certified within their fisheries department. The successful applicant should be comfortable working in a fast-paced, dynamic results-based environment and have excellent problem solving, communication, supervision, time management, and safety management skills. As a Hatchery Technician 3 – Certified based out of Penticton, you will undertake duties associated with the Okanagan Nation Alliance's fisheries projects throughout the Okanagan.

Key Duties and Responsibilities attached to this position are:

Reporting to the applicable Biologist or Technician, the Hatchery Technician 3 Certified safely performs activities in the hatchery in regard to hatching, growing and distributing fish and general maintenance of fish hatchery buildings, grounds, and equipment in a safe manner, through the Syilx world view in order to uphold the Chief Executive Council mandate, as it relates to the fisheries.

- Conducts fish cultural techniques directly to the handling, spawning, growing and distribution of fish.
- Input, maintain and summarize data and information in databases.
- Perform standard methods and protocols respecting the field/hatchery analysis of samples and specimens.
- Spawn fish in season and monitor progress of hatching operation from egg incubation through all life stages until stocking.
- Feed pre-determined rations to fish on an established schedule.
- Monitor and treat fish diseases and abnormalities by adding medication to food and water as determined and instructed by the Hatchery Manager.
- Monitor hatchery water quality and adjusts water supply to desired quality as determined and instructed by the Hatchery Manager.
- Construct and repair screens, gates, traps, nets, seines, and other equipment used in holding and caring for fish
- Clean rearing units, ponds, raceways, and other hatchery equipment with brushes, chemicals and water; makes routine repairs on all hatchery equipment.
- Remove and dispose of mortalities from stock.
- Conduct tours of the hatchery and answers visitor's questions and educate on fish biology.
- Weigh and count fish; loads them into holding tanks on trucks for transportation to stocking site.
- Transport fish and releases them into specified waters.
- Operate field/hatchery equipment and instrumentation during projects and assts in their modification, adaptation, testing and calibration to meet specific mission requirements.
- Assist with maintenance of field/hatchery equipment.
- Responsible for equipment storage, maintenance and inventory.
- Supervision of hatchery/field crew including certified and uncertified technicians.
- Other duties as discussed and agreed upon.

Qualifications and Competencies

This position will require the following qualifications, values and competencies.

Qualifications and Experience

- A relevant Fisheries and Aquaculture Technology Diploma with (3) three years relevant experience in a fisheries environment or an equivalent combination of education and experience.
- First Aid certification, Swift Water, and other applicable safety training is an asset.
- Experience in First Nation natural resources programs or projects is preferred.
- Willingness and ability to work outdoors, occasionally in adverse weather conditions, perform physical work in enclosed spaces, heights, noise, dust and fumes.

Knowledge, Skills and Abilities

- Some knowledge of fish culture, native species and their habitat.
- Some knowledge of hatchery operations and procedures.
- Knowledge of procedures followed in identification of fish disease, dietary disorders, parasitic infestations, and other problems involved in fish culture.
- Ability to properly monitor hatchery water to assure quality control.
- Ability to follow specific direction and protocols.
- Ability to use computer software (such as e-mail, MS Word, and Excel).
- Ability to communicate orally and in writing.
- Ability to work safely.
- Experience in working with First Nations organizations' issues and concerns.
- Availability of a reliable vehicle and a valid BC Drivers' License.
- Ability to travel, work flexible work hours/willingness to work on evenings and weekend.

Hours: Full Time 40 hrs per week, with flexible work hours (e.g. some evenings and weekends).

Hourly Wage: \$20.02 - \$27.09

Application Procedures: Interested candidates are invited to forward a current resume and covering letter to:

David Leroux, Employment and Human Resources Administrator

Okanagan Nation Alliance

101- 3535 Old Okanagan Hwy Westbank,

BC V4T 3L7

Email: fishadmin@syilx.org

Fax: (250) 707-0166

Thank you for your interest, No Phone Calls Please only those short-listed will be contacted.

The Competition is posted until filled.

(KILUK) SPOTTED LAKE TRADITIONAL GATHERING

POTLATCH

[bring a food, and/or monetary donation]

[for e-transfers: northamericanindian@aol.com]

[Security question: kiluk Password: spotted lake]

October 4, 5, & 6, 2024



Kiluk [Spotted Lake] is located 6 kilometers west of Osoyoos Husky Gas Station on Highway 3

NO AGENDA, NO DRUGS, NO ALCOHOL

DAILY SHARING CIRCLE

DAILY MEALS AND AMENITIES PROVIDED

Share your story at the sacred fire

Enjoy kiluk for the healing properties, the peace & energy of life

Bring warm clothes and if you wish to spend the night, bring a tent, teepee, a mat, and a warm sleeping bag.

Any question or concerns

Senk'lip - 778-363-7567

Paque [Maria] - 250-863-0360



FAMILY DECLARATION

Creator and Coyote laid down our laws/responsibility for us, sqilxw/syilx/sʔukwʔnaqinx, to carry for all time. We hold in high regard their decrees and teachings of accepting the responsibility to be keepers of our waters, territory, lands, foods, and resources.

From time immemorial, we the sqilxw/syilx/sʔukwʔnaqinx, (Okanagan People) have inhabited our territory – we defend and look after our lands and resources. We speak our language, love our customs, traditions and our way of life. We have not and will never cede, release, or surrender our lands or resources – for all time.

It is our inherent right, that we are the only ones to say what governs us, for what are the best interests, the good health, and well-being of our children and people, and our sqilxw/syilx/sʔukwʔnaqinx ways.



CHILDREN & FAMILIES PRESENTS

SYILX NATION NƏQSIŁTƏT FAMILY DECLARATION PRESENTATIONS

OSOYOOS INDIAN BAND COMMUNITY SESSION

OCTOBER 8, 2024 | 12 PM - 1 PM
UNDER THE HAT, OIB BAND OFFICE

Join the Nation Child and Family Team as we present the Osoyoos Indian Band Chief & Council and language speakers with the neqsiltet Family Declaration.

The neqsiltet Family Declaration was developed by elders and knowledge keepers, who worked together to support the nation’s families to revitalize aspects of our sqilxw/syilx/sʔukwʔnaqinx ways of being and knowing.

****Lunch will be provided!***

OPEN TO ALL SYILX NATION MEMBERS & COMMUNITY MEMBERS

For more info:
Muriel “Ducky” Tanner, Child and Family Community Planner
CommunityPlanner1@syilx.org or 250-859-1558
www.okanagannation.com

Children and Families:
Children and Families addresses complex root causes caused by colonialism and reinforces our community’s ability to create healthy environments where children are safe and can thrive.

sn̓x̌aʔiwləm-HONOURING THE SACREDNESS OF THE RIVER

Salmon Feast

September 20-22, 2024

s̓x̌wəx̌wnitǩw Provincial Park, Okanagan Falls

s̓x̌wəx̌wnitǩw (Okanagan Falls) is a culturally significant site for the Syilx Okanagan People. The Salmon feast is a three-day gathering for sn̓x̌aʔiwləm (to honour the sacredness of the river) and to express gratitude for chief ntytyix. The gathering includes traditional games, a canoe paddle and on the final day (Sunday) a Salmon Feast and ceremony.



STICK GAME TOURNAMENT

Friday
Sept 20, 2024



CANOE PADDLE

Saturday
Sept 21, 2024



SALMON FEAST & CEREMONY

Sunday
Sept 22, 2024

For more information contact:
Hailey Wright, Communications Coordinator
HaileyW@syilx.org or 250 707 0095 ext. 233
www.okanagannation.com



UPCOMING EVENTS

September 2024

SEPTEMBER 18: ELDERS LUNCHEON

NK'WALA SCHOOL, UPPER NICOLA BAND

Calling all Syilx Elders to join us for a summer luncheon where we can visit, laugh, and share stories!

SEPTEMBER 20-22: SALMON FEAST

SĀ'WƏ'X'W NITK'W (OKANAGAN FALLS) PROVINCIAL PARK

The Salmon Feast is a three-day event that involves multiple activities including: traditional performances and ceremonies, stick game tournament on Friday, a canoe paddle on Saturday, and on the final day (Sunday) a salmon feast and ceremony for sn̓xaʔiwləm (to honour the sacredness of the river).

SEPTEMBER 30: WALK FOR THE CHILDREN

SNPINK'TN, PENTICTON

We invite you to join us for a 2 km walk for the children who never made it home on National Day for Truth and Reconciliation. Route to be confirmed soon!

OCTOBER 4-6: SYILX YOUTH GATHERING

SILVER LAKE, PEACHLAND

The Syilx Youth Gathering aims to empower youth voices and encourage healthy peer networks while connecting with Syilx elders & knowledge keepers and the land.

OCTOBER 8-10: RIVER RESTORATION WORKSHOP

EN'OWKIN CENTER, PENTICTON BC

The ONA in collaboration with many project partners have been successfully restoring spawning and rearing habitat for salmon in the Syilx Okanagan Territory for over 20 years. Traditional Ecological Knowledge, best management practices, measured stream geometry and natural habitat features have guided these restoration works.

NOVEMBER 1-3: FIRST SPEAKERS GATHERING

LOCATION TBC

The First Speakers Language Gathering is a space for fluent language speakers to gather and discuss planning around sqilx^w education, culture, and well-being.

NOVEMBER 12-14: FOUR FOOD CHIEFS GATHERING

LOCATION TBC

The Four Food Chiefs Gathering is an annual gathering of Syilx Nation members. The event consists of workshops, discussions, presentations, keynotes and activities which focus on connecting to the land and water, connecting to each other, our well-being and learning useful tools to thrive!

Please Note: Due to high demand for venues, exact dates or locations have not been confirmed for some upcoming events. Please stay tuned to our social media and websites for updates on these events!

For more information contact:

Hailey Wright
HaileyW@syilx.org or 250 707 0095 ext. 233
www.okanagannation.com



Follow Us
Information is also
shared through ONA
social media platforms



generationhealth



A FREE 10-week program
for BC families with kids
ages 8-12 years old.

Learn together about:

- Healthy Eating
- Physical Activity
- Mental Well-Being
- Screen Time
- Sleep Routines

Extras: \$150.00 Gift Card for Oliver & District Recreation, virtual cooking classes, and Q&A's with health professionals



In-Person at Oliver & District Recreation - Community Hall

Tuesdays, October 8 - December 10, 6:30-8:30pm

Register for the programs today at:

email: recreation@oliver.ca

phone: 250-498-4985 ext 602



University
of Victoria



A Free 10 Week Program to Inspire Healthier BC Families



For families with kids
ages 8-12.
One parent/caregiver must
attend.

Learn together about: Healthy Eating, Physical Activity, Screen Time & Sleep Routines.

Program includes: Q&As with health professionals, virtual cooking classes and community family physical activity access.

**Oliver & District Recreation -
Community Hall**

Tuesdays 6:30-8:30pm

October 8 - December 10, 2024



**Scan QR Code
to Register**

email: recreation@oliver.ca
phone: 250-498-4985 ext 602

Colon Screening

Answering your questions about colon cancer screening

www.screeningbc.ca/colon

Colon cancer is one of the most commonly diagnosed forms of cancer, affecting one in six people in British Columbia.

If you are between 50-74 years of age, you should be screened regularly for colon cancer.

Colon cancer screening saves lives:

- Screening can prevent colon cancer by finding and removing polyps before they turn into cancer. Polyps are small growths that can develop in the colon or rectum, often with no symptoms in early stages of growth.
- Screening can find cancers early before they have a chance to spread. Early detection means more treatment options and better outcomes.

There are two screening tests for colon cancer – the fecal immunochemical test (FIT) and colonoscopy. Talk to your health care provider about which test is right for you.

Screening is only recommended if you are not experiencing symptoms of colon cancer.

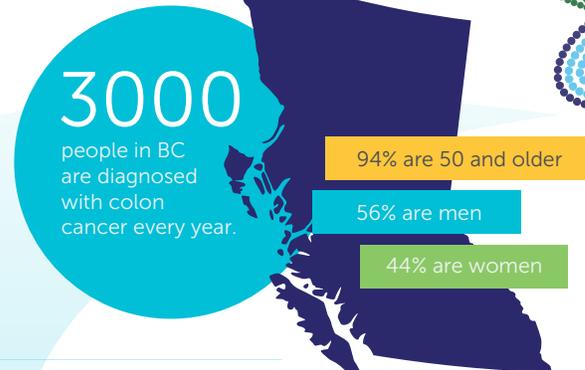
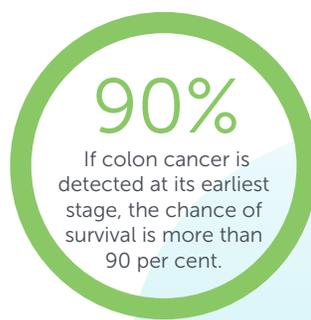
Symptoms can include blood in your stool, abdominal pain, change in bowel habits, or unexplained weight loss. If you are experiencing these symptoms, talk to your health care provider about a referral for diagnostic testing to determine the cause of these symptoms.

BC Cancer Colon Screening

Your health care provider registers you with BC Cancer Colon Screening when they provide you with a lab requisition form to pick up your fecal immunochemical test (FIT) or refer you for colonoscopy.

Being registered with the program means that the program will mail you your FIT results and keep track of your screening progress to ensure quality and safety. BC Cancer Colon Screening will also mail you a reminder when it is time to screen again.

Why is colon cancer screening important?



What are some things I should consider about colon screening?

- Colon screening has been shown to decrease the chance of dying from colon cancer. However, there is no perfect screening test and some people will die from colon cancer even if they received screening. A FIT may be abnormal when there is nothing wrong. A FIT may also be normal when there is a cancer or polyp in the colon. Some polyps and cancers do not bleed or may not be bleeding at the time the test was done.
- Screening may lead to additional tests to determine the reason for an abnormal screening result. It does not mean a cancer was found. The majority of those called back for additional tests will not have cancer.
- Certain cancers may never cause any symptoms. However, research shows that most colon cancers are harmful and that colon cancer should be detected and treated as early as possible.
- There can be risks with colonoscopy such as bleeding and bowel perforation, and in rare cases, death.



What is colonoscopy?

Colonoscopy is a procedure where a physician uses a miniature camera attached to a flexible tube to view the inside lining of your colon. During the test, tissue samples can be collected and polyps removed.

If you have a personal history of adenoma(s) or a significant family history of colon cancer, your health care provider may refer you directly for colonoscopy. You may also be referred for colonoscopy following an abnormal FIT. In both cases, the health care team in your community will discuss the procedure with you.

What is the fecal immunochemical test (FIT)?

FIT is a test you can do at home. It detects blood in your stool (poop) which can be a sign of polyps or early stage cancer. To complete the test:

- 1 Talk to your health care provider and ask for a FIT. If you are eligible for screening, your health care provider will give you an order form for a free FIT kit.
- 2 Take your order form to a designated lab, and pick up your test kit. Visit www.screeningbc.ca for a list of labs.
- 3 Take the test at home by following the instructions provided in the test kit. No special preparation is needed. You can continue to eat your usual foods and take your medications.
- 4 Drop the sample off at the lab. It must be submitted to the lab within seven days of taking the test.
- 5 If you have a normal result, you may access your result through **MyCareCompass** at www.bc.mycarecompass.lifelabs.com. If you do not have a MyCareCompass account, you can sign up for one within 30 days of picking up your FIT from the lab. Otherwise, you may contact your health care provider for your result.
- 6 If you have an abnormal result, you will be referred for follow-up in your community. An abnormal result does not mean that you have cancer. It means that blood was found in your stool. The health care team in your community will speak with you about your test result and make recommendations for follow-up testing. Colonoscopy is usually recommended following an abnormal FIT result.

Who should screen for colon cancer?

In general, colon screening is recommended for anyone between the ages of 50 and 74. How you should screen depends on if you are at average risk or higher than average risk for developing colon cancer:

Average risk	Fecal immunochemical test (FIT)
Screen every two years with FIT (most people).	
Higher than average risk	Colonoscopy
Colonoscopy is recommended every three or five years if you are younger than 74 with a personal history of adenomas .	
Colonoscopy is recommended every five years if you have a significant family history of colon cancer , including:	
<ul style="list-style-type: none">• One first-degree relative (parent, sibling or child) with colon cancer diagnosed under age 60; or,• Two or more first-degree relatives with colon cancer diagnosed at any age.	
For those with a family history of colon cancer, colonoscopy screening can start at age 40 or 10 years younger than the age of diagnosis of the youngest affected first degree relative - whichever is earliest.	

Contact Us

BC Cancer Colon Screening
801-686 West Broadway
Vancouver, BC V5Z 1G1

Phone: 1-877-702-6566

Email: screening@bccancer.bc.ca

Web: www.screeningbc.ca/colon

Your personal information is collected and protected from unauthorized use and disclosure, in accordance with the Personal Information Protection Act and, when applicable, the Freedom of Information and Protection of Privacy Act. This information may be used and disclosed only as provided by those Acts, and will be used for quality assurance management and disclosed to healthcare practitioners involved in providing care or when required by law.

Any questions regarding the collection of the information by BC Cancer can be directed to the Operations Director, Cancer Screening (address: 801 – 686 West Broadway, Vancouver BC V5Z 1G1, web: www.screeningbc.ca or email: screening@bccancer.bc.ca)

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What if I have a personal history of colon cancer, ulcerative colitis or Crohn's disease?

You should continue to obtain care through your health care provider as you have individual needs that cannot be met with a population approach to screening.



For more information
contact Elections BC

Toll-free: 1-800-661-8683
(within North America)
TTY: 1-888-456-5448

Mailing Address:
PO Box 9275 Stn Prov Govt
Victoria, BC V8W 9J6

Phone: 250-387-5305
Fax: 250-387-3578
Toll-free Fax: 1-866-466-0665

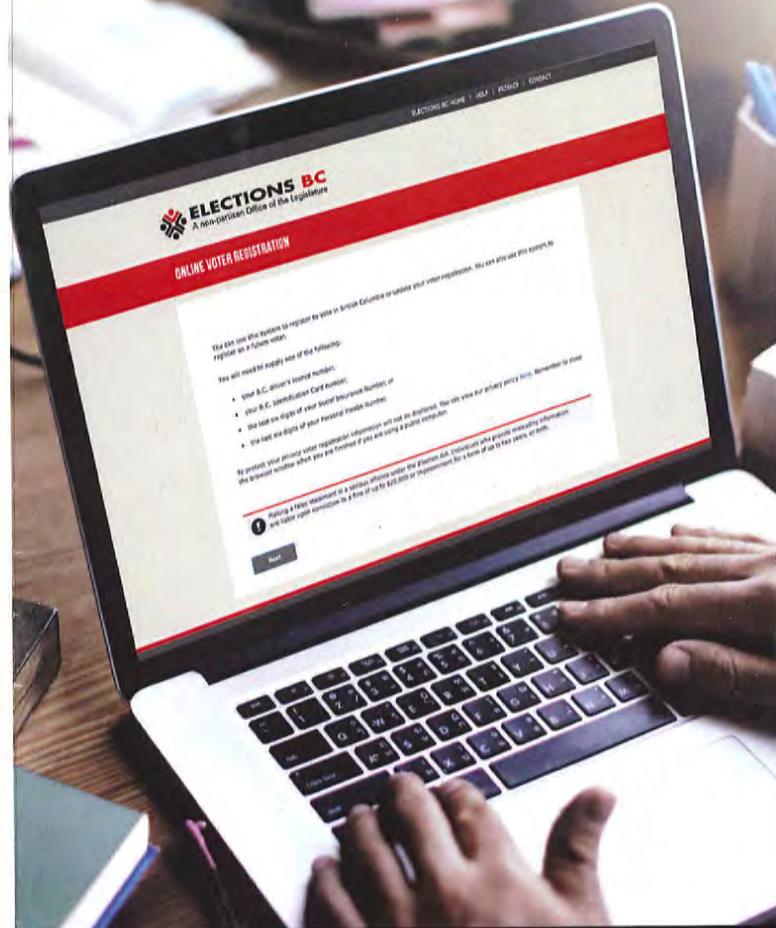
Email: electionsbc@elections.bc.ca
Website: elections.bc.ca



Scan this code or go to
elections.bc.ca/register to register online.



ELECTIONS BC
A non-partisan Office of the Legislature



REGISTER TO VOTE



ELECTIONS BC
A non-partisan Office of the Legislature

REGISTER TO VOTE

WHO CAN REGISTER TO VOTE?

You can register if you are:

- a Canadian citizen,
- 18 or older, and
- a B.C. resident for the past six months.

HOW DO I REGISTER?

You can register or update your voter information:

- online at elections.bc.ca/register
- by phone at **1-800-661-8683**
- by mail, fax or email by sending us the registration form available at elections.bc.ca/register.pdf
- in person at our office at #100 - 1112 Fort St, Victoria, BC, V8V 3K8

WHY SHOULD I REGISTER?

Registration is easy and only takes a few minutes. Once you're registered, you'll be ready to vote when the next provincial election is called.

Registering now will make voting faster and easier. It will also make sure you get your Where to Vote Card from Elections BC.

I'M REGISTERED, BUT I'VE MOVED.

Update your registration online at elections.bc.ca/register, or call **1-800-661-8683**.

QUESTIONS?

Call Elections BC at **1-800-661-8683**, or email us at voterservices@elections.bc.ca.

Always keep your voter registration information up-to-date.

For more information
contact Elections BC

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(within North America)
TTY: 1-888-456-5448

Mailing Address:
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Email: electionsbc@elections.bc.ca
Website: elections.bc.ca



Scan this code or go to
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VOTING OPTIONS



 **ELECTIONS BC**
A non-partisan Office of the Legislature

There are many ways to vote in a provincial election in B.C.

Read about your voting options below.

ADVANCE VOTING



- There are six days of advance voting in B.C. provincial elections.
- Voters can vote at any advance voting place.
- Advance voting places are open from 8 a.m. to 8 p.m. (local time).

FINAL VOTING DAY



- Voters have an assigned voting place on Final Voting Day, but they can vote at another voting place if that is more convenient for them.
- Final voting places are open from 8 a.m. to 8 p.m. (Pacific time).
- Preliminary election results are reported after voting closes on Final Voting Day.

DISTRICT ELECTORAL OFFICE VOTING



- During an election voters can vote at any district electoral office.
- District electoral office voting is available from when the election is called until 4 p.m. (Pacific time) on Final Voting Day.

VOTE BY MAIL



- Voters can request a vote-by-mail package from Elections BC either online or by telephone. The package will be mailed to them. Voters also have the option to request a package at their local district electoral office.
- Completed packages can be returned by mail or dropped off at a district electoral office, voting place or another authorized location (see Elections BC's website for a complete list).
- Completed packages must be received by Elections BC no later than 8 p.m. (Pacific time) on Final Voting Day.

WHERE TO VOTE



- During an election, voting places will be listed at wheretovote.elections.bc.ca.
- Elections BC will also send a Where to Vote card listing voting places in a voter's electoral district to every registered voter before advance voting starts. Voters can also use the Where to Vote Card as a piece of ID.

ASSISTED TELEPHONE VOTING



- Voters can vote by phone if they meet certain criteria. These criteria include having sight loss, having a disability or health condition that prevents voting independently, or receiving care in a hospital. If you wish to vote by phone, contact Elections BC to see if you meet the criteria.

Remember to bring ID and your Where to Vote card when you vote.