

2016 Manitoba Open Championships

Sanctioned by the Manitoba Weightlifting Association (MWA), Hosted by the Lorette Weightlifting Club

*****Deadline: Monday, September 19th, 2016**, mail entry form c/w cheque payable to:

Lorette Weightlifting Club, 87 Perron Street, Lorette, Manitoba, Canada, R0A 0Y0

- Date:** **Saturday, October 1st, 2016**, start times to be determined by # of entries.
- Location:** Collège Lorette Collegiate (CLC), 1082 Dawson Road, Lorette, Manitoba, Canada.
- Entry Fee:** CAD -Youth(17 & under)=30\$, Junior(18-20)=30\$, Senior & Masters(21+)=50\$; payments non-refundable. Athlete volunteer: Youth=10\$, Junior=20\$, Senior&Masters=30\$(please ask MJ for more information: mjarespilon@gmail.com).
- Expenses:** Participants are responsible for their own expenses going to, while at, and from this event.
- Eligibility:** Open to all athletes registered and in good standing with the Manitoba Weightlifting Association or their Provincial Sport Organization (PSO) or their State Organization.
- Competition Categories:** Men: 56,62,69,77,85,94,105,+105. Women: 48,53,58,63,69,75,+75. Schedule to be determined based upon entries. The start list & session times will be e-mailed to lifters and coaches before the competition.
- Awards:** Medals will be presented to the top three(3) per category. Gift baskets will be presented to the best female and male lifters.
- Organizer:** Lorette Weightlifting Club. If you have any questions e-mail meet director, MJ: mjarespilon@gmail.com.
- Competition Venue:** Collège Lorette Collegiate (CLC), 1082 Dawson Rd, Lorette, Manitoba, Canada.
-Competition: CLC weight room
-Weigh-in Room, Change Rooms, Officials Room & Doping Control Station: CLC gymnasium
- Anti-Doping:** All athletes may be subject to doping control.
- Competition Rules And Regulations:** The most recent IWF – Rule Book will govern the competition. All athletes, coaches, and officials participating in the 2016 Manitoba Open Championships, at CLC (including the warm-up area) must be accredited. In order to be accredited, all individuals must be registered and in good standing with the Manitoba Weightlifting Association or their Provincial Sport Organization (PSO) or their State Organization.
- Medical:** The competition will be “subject to doping control”. The Canadian Centre for Ethics in Sport (CCES) will perform the tests at their prerogative. The doping control station will be in one of the gymnasium's change rooms.
- Communications:** The MWA committee and the meet director (MJ) will be available on the day of the event to direct questions and concerns.
- During the Competition:** Athletes and/or coaches will be given a copy of the start list as soon as possible after each weigh-in.
- After the Competition:** A copy of the results will be available and distributed through email.
- Weigh –In :** All weigh-ins will take place at the weigh-in room at the competition venue. Scale: electronic scale to 0.1 kg.
- Lifting Suits:** Lifting suits will be mandatory at this MWA competition.

Name: _____ Address: _____

City/Province/State//P.C/Zip _____

Phone #: _____ E-mail: _____ Club: _____

Gender: Male: ___ Female: ___ Year Of Birth : _____ Weight Class: _____ kg (mandatory) Best Total: _____

Coach Name: _____ Coach Email: _____

In consideration for my entry in the 2016 Manitoba Open Championships, to be accepted, I, intending to be legally bound, do hereby, for myself, my heirs, my executors and administrators, waive, release, and forever discharge all rights and claims for damage, which may hereafter accrue to me, against the Lorette Weightlifting Club, the Collège Lorette Collegiate, and the Manitoba Weightlifting Association (MWA), and their successors and/or assigns of any of these associations for any and all damages which may be sustained or suffered by me in connection with my participation in these competitions.

Signature: _____ Date: _____ Under 18, Signature of Parent/ Guardian

Signature: _____ Date: _____