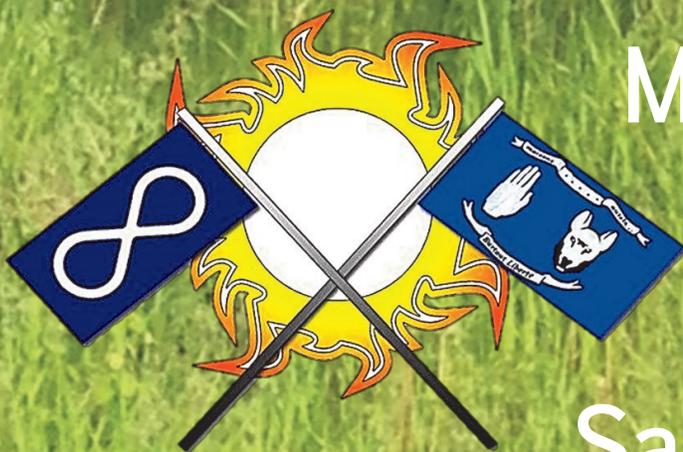


Annual Report

A Year in Review

2014-2015



Métis Addictions

Council of

Saskatchewan Inc.

Métis Addictions Council of Saskatchewan Inc.
#1 – 2220 Northridge Drive
Saskatoon, SK S7L 6X8
Phone: (306) 651-3021
Toll Free: 1-800-236-5204
Fax: (306) 651-2639
www.macsi.ca



Annual Report A Year in Review 2014 - 2015
© Métis Addictions Council of Saskatchewan Inc.
July 2015

Contents

Executive Director's Message	2
About MACSI	3
Leadership Team	4
Board of Directors	5
Highlights of the Year	6
Services Delivered	7
Who We Serve	8
Department Updates	10-18
Finance and Administration	10
Programming, Research and Development	14
Human Resources	16
Community Relations	18
Prince Albert Centre	20
Regina Centre	22
Saskatoon Centre	24

Executive Director's Message

The infinity symbol, as pictured on the Métis flag in our logo, reminds us of the connection between beginnings and endings; it resonates with endless possibilities and represents the strength of a people determined to claim their place in the world.

This past year over 1,300 services were accessed by Saskatchewan citizens who took the courageous step toward a new beginning by seeking substance addictions treatment at one of three treatment centres operated by Métis Addictions Council of Saskatchewan Inc. (MACSI). Contained in this report you will learn more about who MACSI serves and the range of needs arising due to the harsh grip of substance addictions.

MACSI is an organization with deep roots in the province of Saskatchewan and as such has claimed a rightful place in the field of substance addictions. MACSI offers a valuable continuum of services. Consider the 43 inpatient treatment beds, three active outpatient departments, two harm-reduction based day programs, one stabilization department and three field educators. Undoubtedly, MACSI is an organization striving to meet an array of community needs.

Across our province we see an increasingly complex assortment of needs. In turn, this challenges the MACSI team to seek greater possibilities. What can we do as a team to discover opportunities and novel approaches that support individuals to build lives free from the chaos of alcohol and drugs?

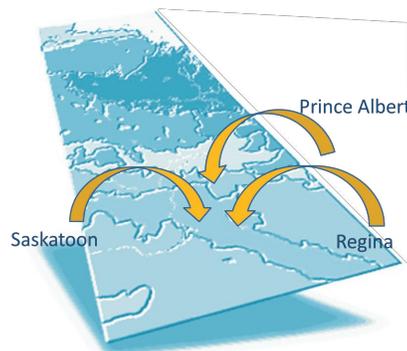
Reports from Prince Albert, Saskatoon and Regina MACSI Centres offer glimpses into the daily practice of meeting those needs and striving for possibility. Reports from departments of programming, community relations, financial management and human resources offer additional insight into the daily workings of MACSI and the methods implemented to reach our broader vision and mission.

I am pleased to present a review of the 2014-2015 fiscal year. It offers a snapshot. Each day is filled with new beginnings, endings and great possibility. As MACSI shifts into the next year fiscal year, I want to acknowledge the continued financial contribution of Saskatchewan Ministry of Health, the guidance of MACSI's Board Members and of course the MACSI team. Let us each embrace and learn from beginnings and endings and be courageous in seeking possibilities.

With regards,

Shauna Lafontaine

Shauna Lafontaine



This past year over **1,300** services were accessed by Saskatchewan citizens who took the courageous step toward a new beginning by seeking substance addictions treatment at one of three treatment centres operated by Métis Addictions Council of Saskatchewan Inc. (MACSI).

About MACSI

Our story

Métis Addictions Council of Saskatchewan Inc. (MACSI) is a non profit agency that has been involved in addictions recovery for over 45 years. While MACSI is recognized throughout the province as a key stakeholder in the field of addictions, each location, whether in Prince Albert, Saskatoon or Regina, is also a part of the fabric of the local community. MACSI strives to offer a steady presence in a chaotic world and a holistic approach to make whole, lives broken apart by substance addictions.

Our vision

MACSI values our Métis heritage, embraces our future and envisions a world for all people free of the harmful effects of addictions.

Our mission

To empower individuals to make healthy choices in our communities through a continuum of addictions services including education, treatment and aftercare to restore a balanced harmonious, productive lifestyle.

Our values

Client-Centred Practice -We put the client at the centre of what we do.

Family Sensitive -We recognize the needs of families and the critical role supporting people with mental health and addictions problems.

Holistic View of Health -We believe in understanding and helping the whole person in ways that are holistic and focused on recovery.

Respect-We believe that treating people with respect is a key guiding principle for any effective and healthy organization.

Continuous Learning-We foster creativity, discovery, learning and sharing of ideas.

Partnership-We build respectful, collaborative and effective partnerships.

Evaluation and Accountability-We improve, monitor and evaluate services. We will be accountable to our stakeholders.

Leadership Team

MACSI's Leadership Team is comprised of an Executive Director along with Directors Finance and Administration, Programming, Research and Development, Human Resources, Community Relations and Outreach, Regional Directors at each of three treatment centres and a Human Resource Generalist or Assistant Regional Director at two centres. The leadership team provides guidance to a full complement of office and support personnel, addictions counsellors and addictions workers.

The entire team works together to ensure that each facility runs smoothly and client needs are addressed.

Leadership Team

Shauna Lafontaine, Executive Director

Adon Hoffman, Director of Finance and Administration

John Welden, Director of Human Resources

Curtis Brad, Director of Programming, Research and Development

Beverly Palibroda, Director of Community Relations and Outreach

Lana Blondeau, Regional Director, Regina Centre

Karen Menard, Regional Director, Prince Albert Centre

Lorena Bear, Assistant Regional Director, Prince Albert Centre

Laurissa Fedusiak, Regional Director, Saskatoon Centre

Scott Mostoway, Human Resource Generalist, Saskatoon Centre

Board of Directors

MACSI is led and governed by a volunteer Board of Directors comprised of five voting members and a non voting representative of the Ministry of Health. The Board of Directors assumes responsibilities for oversight in the development and application of MACSI's vision, mission, values and policy. A Métis Nation-Saskatchewan (MN-S) appointed Chair, and other board members, represent varying perspectives and regions. Throughout the year members of the Board of Directors gather for regular meetings in order to carry out responsibilities and stay informed of organizational progress. The MACSI Board of Directors contributes necessary oversight to ensure successful functioning of MACSI.

Role

Member Name

Chair

Marlene Hansen

Vice Chair

Jackie Kennedy

Treasurer

Lawren Trotchie

Secretary

Patricia Tait

Director

Lloyd Shoenthal

Highlights of 2014-2015

MACSI is a provincial community based organization. We strive to remain current and meet the needs of individuals from all regions of the province while also prioritizing the needs of Métis and other Aboriginal people. The past year has reflected MACSI's commitment to keeping pace with changes in the field of substance addictions and what follows are a few highlights from the year.

Bridging gaps...

The Regina Centre fostered a number of new community partnerships to help bridge the gaps between our services and individuals with substance addictions.

Continuum of care...

Prince Albert Centre focused on expanding the continuum of care by launching a pilot Day Program to the community and by enhancing services offered through the stabilization department.

Community networking...

MACSI Saskatoon Centre responded to a need for collaborative work by creating a monthly Community Cares networking meeting. This meeting brings together a wide variety of agencies.

Right place at the right time...

MACSI's three treatment centres worked together to ensure individuals received the service they needed and were in the right place at the right time. Finding the best fit for recovery demonstrates the value of MACSI's client centred service.

Linking policy and practice...

Operating an annual budget of more than 3 million dollars, three treatment centres and an administrative office necessitates clearly defined financial policies and guidelines. A MACSI Finance Manual was compiled in order to document standards for a host of financial transactions.

Shifting trends...

Recruiting and retaining qualified employees is an ongoing challenge. Improvements were made to recruitment and onboarding processes to keep pace with changing workforce trends.

Serving our province...

MACSI aims to meet the challenge of diverse needs of Saskatchewan citizens in several ways. Gains were made in establishing a greater online presence through our website and entry into social media via the launch of a Facebook page.

Services Delivered

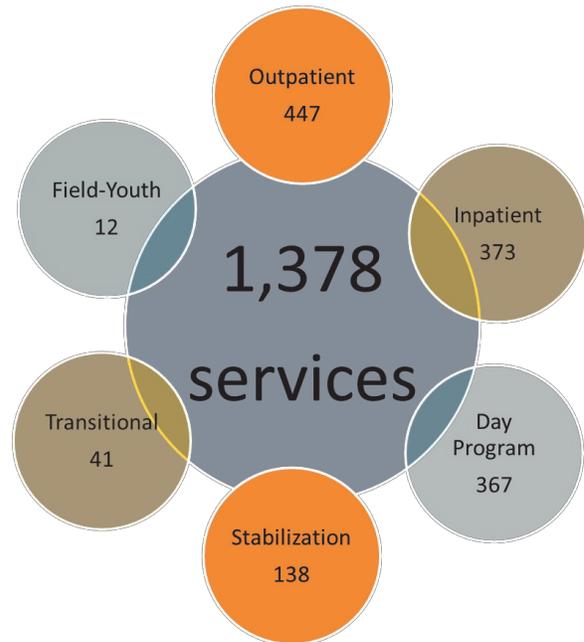


MACSI delivers a range of services through three treatment locations.

Each MACSI location offers an Inpatient program for a total of **43 inpatient beds**.



During the 2014-2015 fiscal year **1,378** services were accessed through a continuum of MACSI programs.



MACSI Field Program- 3 Field Educators

Prince
Albert

Saskatoon

Regina

Three Field Educators offer presentations, workshops, attend community meetings and provide direct services to youth, adults and families.

In keeping with National trends, non-residential treatment comprised a greater proportion of services accessed. MACSI Outpatient service represents 447 or 32% of services accessed. An additional 367 or 27% of services accessed were through day program for a total of **59% of services accessed through non residential options**.

The more demanding model of Inpatient treatment remains a significant service for individuals with complex needs, long term, chronic addictions or those from rural, remote and isolated communities.

Transitional -
Regina Centre

• 6 beds, 41 services

Stabilization-
Prince Albert

• 6 beds, 138 services

While Stabilization in Prince Albert and Transitional Services in Regina are smaller departments, these two services meet specific client needs and function as an avenue to other services offered by MACSI or other agencies. A total of **179 or 13%** of services were accessed through the Stabilization and Transitional departments.

Who we Serve

MACSI welcomes Aboriginal and Non Aboriginal people seeking treatment for substance addictions. Of services accessed approximately

75% Aboriginal (**12%** of those Métis)

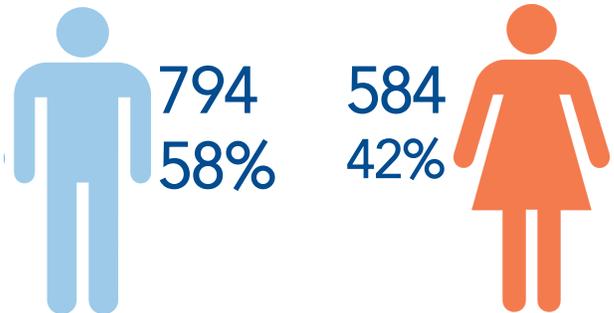
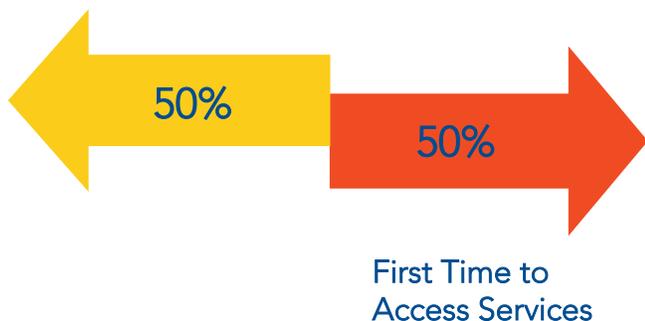
25% Non Aboriginal

MACSI sees high rates of services accessed by individuals on prescribed methadone and/or prescribed psychiatric medication. In the past year:

- ✓ 10% of services were for those prescribed methadone as a harm reduction approach to opiate addiction.
- ✓ 17% of services were for those on prescribed psychiatric medication while another 4% of services were accessed by individuals on both methadone and psychiatric medication.

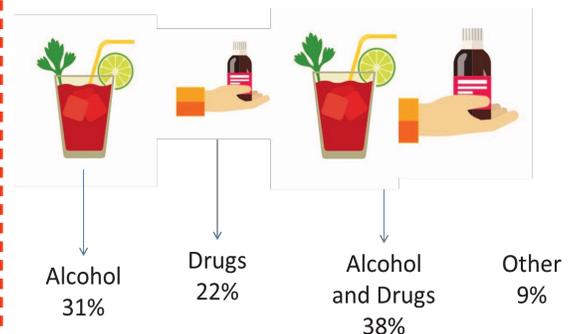
The long term and chronic nature of substance addictions is evidenced by the finding that **50%** of services accessed were by individuals who had sought treatment services in the past.

Accessed Services in Past



In keeping with National trends, MACSI tends to serve a greater percentage of males than females, however MACSI does tend to serve a greater percentage of females than other treatment service providers. Of note, over the past year MACSI served 43 females with a confirmed or possible pregnancy.

In previous years, alcohol alone was the most cited presenting problem. This year alcohol and drugs together were cited as presenting problem **38%** of the time. In recent years MACSI has seen an increase in clients identifying drugs as problematic.

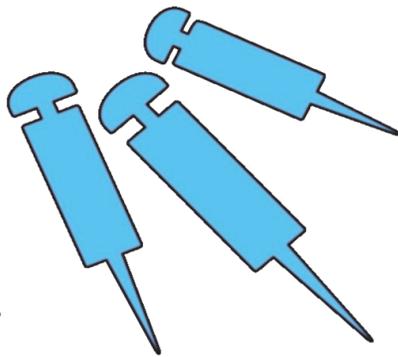


Who we Serve

Close to **50%** of the individuals who access MACSI services have some type of current legal involvement.



Data related to legal involvement speaks to the complexity of lives and the harms associated with problematic alcohol or drug use.

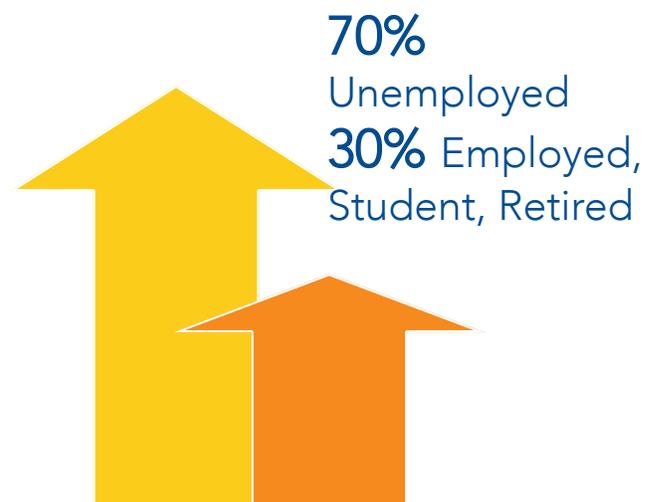
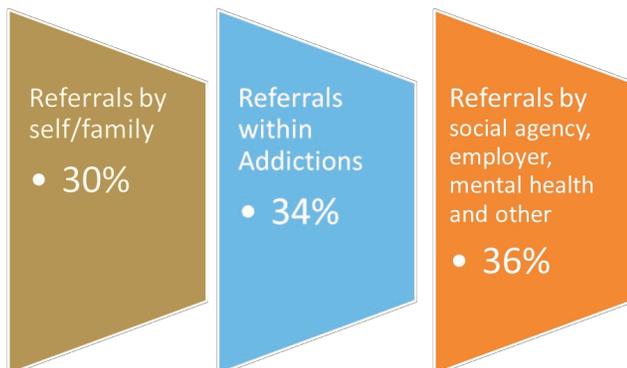


Current or prior IV use
36%

Intravenous drug use is a significant issue in our province. MACSI consistently serves a greater proportion of previous or current injection drug users.

36% of services accessed were accessed by those with current or prior injection drug use. Individuals using injection drugs commonly have longer term struggles, may have advanced from other methods of ingesting substances to more dangerous practices and may experience risks of overdose and health risks associated with needle use.

Referrals come from a variety of sources and community partners.



Finance and Administration

The Finance and Administration department oversees a budget of just over 3 million dollars. A long term funding arrangement with Saskatchewan Ministry of Health allows MACSI to operate an administrative core office in Saskatoon and three treatment centres with locations in Saskatoon, Regina and Prince Albert. Although the past fiscal year has been demanding, a number of accomplishments were made in this year that will serve MACSI well and promote smooth and efficient functioning. Here is a sampling of accomplishments:

MACSI Finance Guide

A major focus this year was to develop a MACSI Finance Manual for the entirety of the organization. The manual serves to document policy on a wide variety of financial processes and transactions. Clearly documented information ensures sound financial management and accountability. The manual has been approved by the Board of Directors and will be trained at each location.

Food Budgets

Budgeting is an important part of the planning process for any organization. With a total of 43 client beds and the rising cost of food, the food budget comprises a significant portion of MACSI's annual budget. This year all centres implemented methods to track and control food purchases. An inventory system helps the head cooks to efficiently manage grocery purchases, items used, stock on hand and possible wastage. This organized system promotes efficiency and makes the best use of food budgets.

Petty Cash and Expense Accounts

As with food budgets, each of the centres now utilizes a standard approach to maintaining and managing petty cash and expense accounts. Clear delineation of purchase criteria and processes to track expenses create efficiency and precision in financial management at the centre level. Each centre is responsible to reconcile expense accounts and petty cash and regularly report results to the Director of Finance.

Purchases and Upgrades

Two new computers and software were purchased. Regina Centre received several new appliances and the boilers were overhauled to improve heating for the building. A 15 passenger van purchased for the Prince Albert Centre. As it is a 16 bed facility this was necessary to transport clients to recreational events and community meetings. Windows on all floors of the Prince Albert Centre were replaced with high quality airtight units. This will improve comfort and aesthetics of the building and will result in lower heating costs.

Annual Audit

An annual audit was completed by Meyers Norris and Penney (MNP). Audited financial statements accompany this report as evidence of MACSI's sound financial practices, implementation of uniform financial policies and balanced budget. MNP made no recommendations.

Finance and Administration

Management's Responsibility

To the Member of Metis Addictions Council of Saskatchewan Inc.:

Management is responsible for the preparation and presentation of the accompanying financial statements, including responsibility for significant accounting judgments and estimates in accordance with Canadian accounting standards for not-for-profit organizations. This responsibility includes selecting appropriate accounting principles and methods, and making decisions affecting the measurement of transactions in which objective judgment is required.

In discharging its responsibility for the integrity and fairness of the financial statements, management designs and maintains the necessary accounting systems and related internal controls to provide reasonable assurance that transactions are authorized, assets are safeguarded and proper records are maintained to provide reliable information for the preparation of financial statements.

The Board of Directors (the "Board") is comprised entirely of Directors who are neither management nor employees of the Organization. The Board is responsible for overseeing management in the performance of its financial reporting responsibilities. The Board fulfils these responsibilities by reviewing the financial information prepared by management and discussing relevant matters with management and external auditors. The Board is also responsible for recommending the appointment of the Organization's external auditors.

External auditors are appointed by the Board to audit the financial statements and report directly to the members; their report follows. The external auditors have full and free access to, and are available to meet periodically with, both management and the Board of Directors to discuss their audit findings.

June 5, 2015


Management


Management



Independent Auditors' Report

To the Member of Metis Addictions Council of Saskatchewan Inc.:

We have audited the accompanying financial statements of Metis Addictions Council of Saskatchewan Inc., which comprise the statement of financial position as at March 31, 2015, the statements of operations, including supporting schedules, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2015, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Saskatoon, Saskatchewan

June 5, 2015

Chartered Accountants

Metis Addictions Council of Saskatchewan Inc.
Statement of Financial Position

As at March 31, 2015

	<i>March 31, 2015</i>	<i>March 31, 2014</i>
Assets		
<i>Current</i>		
Cash	-	78,266
Accounts receivable	-	4,292
Goods and Services Tax receivable	24,772	31,990
Prepaid expenses	45,319	17,497
<hr/>		
	70,091	132,045
Capital assets <i>(Note 3)</i>	1,063,408	1,047,305
<hr/>		
	1,133,499	1,179,350
Liabilities		
<i>Current</i>		
Bank indebtedness <i>(Note 4)</i>	151,448	-
Accounts payable and accrued charges	224,129	231,189
Accounts payable Ministry of Health <i>(Note 5)</i>	-	95,753
Deferred contributions <i>(Note 6)</i>	58,372	41,140
<hr/>		
	433,949	368,082
Deferred contributions <i>(Note 6)</i>	646,635	626,486
<hr/>		
	1,080,584	994,568
<hr/>		
Contingencies <i>(Note 7)</i>		
Lease commitments <i>(Note 8)</i>		
Net Assets		
Invested in capital assets	667,832	709,627
Externally funded	(614,917)	(524,485)
<hr/>		
	52,915	184,782
<hr/>		
	1,133,499	1,179,350

The accompanying notes are an integral part of these financial statements.

ON BEHALF OF THE BOARD:

_____ Director

_____ Director

Programming, Research and Development

Over the past fiscal year, the Director of Programming, Research and Development mobilized a number long term and immediate changes to improve program delivery and overall client care in each of the three MACSI locations. The following are selected accomplishments:

Planning ahead with Logic models

Use of logic models as an approach to planning identified three broad areas of focus —service delivery, programming and evaluation—that will serve as momentum for MACSI to become an outcome based service. As an outcome based service MACSI will generate and contribute to the knowledge base of addiction which in turn has the potential to secure additional partnerships and attract external funding sources. A long term work plan was created and initiated in order to reach this goal and will serve MACSI well in the coming years.

Improving Clinical Infrastructure

Several improvements were made to the clinical infrastructure at all three MACSI centres. While a difficult undertaking due to the variance in the culture of each centre, implementing standardized methods enables MACSI to provide coordinated, responsive, and accountable services. For example, training on standardized service delivery such as screening and assessment, substance screening tools and creating and maintaining standard files, provides structure and organization to daily practice. Processes related to case management, file maintenance, file review and monitoring use of Alcohol, Drug and Gambling system were other areas of weakness that have been addressed and improved. These necessary changes will be monitored and maintained.

Expansion of Day Program

Based on positive feedback in the Saskatoon centre, Day Program was extended to the Prince Albert Centre in January 2015 as a pilot program. By merging Day Program with the existing Stabilization program, MACSI is able to offer the Prince Albert community an innovative service that reflects a continuum of care. Participants of Stabilization and Day Program benefit from a low intensity program schedule, user friendly materials and a welcoming atmosphere that supports all stages of recovery. Day Program is a critical step in making strides toward MACSI's vision and mission.

Utilizing available Resources

All centres were encouraged to use available resources to support substance addictions recovery and general health through development of partnerships and improved internal and external coordination. Resources for chronic pain management, mental health and tobacco cessation were accessed. Another highlight for two MACSI centres was the opportunity to have regular visits with therapy dogs. These are just a few examples of external resources accessed to support client recovery. When considering available resources it is important for all three MACSI centres to work more closely together and not overlook the benefits of a coordinated collaborative approach to meeting client needs. Using MACSI's internal available resources allows us to take an "any door is the right door" approach to client care.

Programming, Research and Development

A long term work plan was created in order to establish MACSI as an outcome based service provider.



Tools of Discovery Day Program: LEARNING AND SHARING about Addictions

Participants of Stabilization and Day Program benefit from a low intensity program schedule, user friendly materials and a welcoming atmosphere that supports all stages of recovery.

What is DAY PROGRAM?

Day program offers a safe, drop-in and non-judgmental place that meets you where you are in your recovery from substance addictions.



Group Workshops
Weekdays 1:00—4:00pm

Smudging begins at 1:00pm, followed by sharing circle and a daily workshop.

Weekly Workshop Topics

- Week 1** Addiction Basics
- Week 2** Relapse Prevention
- Week 3** Grief and Trauma
- Week 4** Relationships
- Week 5** Social Learning and Culture
- Week 6** Thoughts and Emotions

Starting January 5th, 2015

To register for Day Program visit the MACSI website or contact MACSI Prince Albert Centre. Simply fill out 2 short forms and drop them off or bring them with you when you attend.

Contact Us

MACSI
Prince Albert Centre
334-19th Street East
Prince Albert, SK S6V 1J7
306-953-8250
Toll Free: 1-866-722-2155



Métis Addictions
Council of
Saskatchewan Inc.
www.macsi.ca

The Director of Programming, Research and Development made site visits to all three MACSI locations in order to train on screening and assessment tools. This training empowers counsellors to apply these tools to their daily practice and better serve MACSI clients.

Human Resources

With a workforce of close to 75 employees, MACSI's Human Resource department maintains a steady pace achieving goals related to recruitment, retention and employee training. While common issues arose this past year shifting trends in the workforce necessitated some key changes. Read more below.

Promoting from Within

The MACSI leadership team was transformed through the recruitment and hiring of four new managers. Worth noting is the fact that three of the four new hires were internal applicants. Promoting from within is a positive practice as employees are able to advance their careers within the organization and are able to gain additional experiences and challenges. The leadership team benefits from fresh perspectives, but perspectives grounded in a solid understanding of MACSI. Additionally, internal promotions are an opportunity to cultivate leadership qualities in proven, dedicated employees.

Match the Job to the Title

A careful review of the job description for the existing Assistant Regional Director revealed the need to change this job title. At the Saskatoon Centre, the title was changed to Human Resource Generalist from Assistant Regional Director in order to pair the job title to the core tasks and responsibilities of this role. As a result, MACSI received more applicants and applicants with skills better suited to the job responsibilities. This change was an improvement to recruitment and will ensure a better fit between employee skills and tasks with the expectation of employee retention and higher job satisfaction. This change to job title will be implemented at the Prince Albert Centre in the next fiscal year.

Onboarding Process

Through a job classification analysis, the job descriptions for the Addiction Worker and Addiction Counsellor roles were redesigned. Additionally, the analysis and redesign of the job description led to improvements to interview questions and a revision of the orientation procedures to include a training process for both classifications. Another added element is the posting of all employment opportunities on the MACSI website.

Training Tools

A training tool for the MACSI policy manual and procedure manuals was developed. This document will serve as a Human Resource Manual for MACSI. As well, work began on a teaching tool to train counsellors on a range of clinical skills.

Bargaining

The union has given notice to redress the monetary issues articulated in the collective bargaining agreement. Following the news that we will receive only a 1% increase in budget, along with an increase in recruitment, retention and leave issues bargaining will be very interesting.

Human Resources

Redesigned job postings and a coordinated posting process on Saskjobs and the MACSI Website promote a range of career opportunities.



Métis Addictions Council of Saskatchewan

A New Beginning

- Home
- News
- About Us
- Contact Us
- Mission Vision Values
- Saskatoon Centre
- Regina Centre
- Prince Albert Centre
- Learn More
- Career Opportunities
- Links
- Resources

Career Opportunities With MACSI

Are you interested in working for one of the longest running addictions services in the province of Saskatchewan? If so, Métis Addictions Council of Saskatchewan Inc. is looking for you.

We offer a variety of full-time, part-time and casual hours to people who want to make a difference in their community.

With competitive compensation and above average pension and benefit plans, MACSI is the place for you to build a great and fulfilling career. To view our current openings throughout the province, click on the links below to learn more about the positions and how to apply.

saskjobs.ca
real careers. real life.

home

search jobs

careers



Métis Addictions Council of Saskatchewan Inc.

Casual Addiction Worker

The Métis Addictions Council of Saskatchewan Inc., better known as MACSI, is a non-profit community based provincial organization that has a long history of serving the people of Saskatchewan for over 45 years. MACSI operates 3 facilities throughout the province of Saskatchewan with locations in Saskatoon, Prince Albert and Regina. Caring and qualified Addictions Counsellors at each centre help individuals to find the service and support that fits best.

Community Relations

The Director of Community Relations and Outreach position serves to raise MACSI's community profile and offer a supportive and engaged presence throughout the province by enhancing communications, community relations and coordinating field work. What follows are highlights of the 2014-2015 fiscal year.

Partnerships and Community Relations

A key opportunity to raise MACSI's profile and enhance community relations occurred during efforts to expand Day Program to the Prince Albert Centre. The Director of Community Relations and Outreach communicated with over 20 agencies, conducted 13 consultation meetings and secured resource sharing agreements with 6 agencies.

Communication and Branding Initiatives

MACSI's approach to external communication and branding was bolstered through participation in social media (Facebook) and consistent website updates. Both are low cost approaches with potential to reach high numbers of people. Work on communication and branding is ongoing.

MACSI's approach to Outreach and Fieldwork

A coordinated and balanced approach to community fieldwork was fostered through visits to each centre and by establishing partnership agreements with community agencies in each city. These strategies helped to promote consistent and balanced service delivery.

Informational and Educational Resources

Print materials are an important complement to other communication and branding activities. A Field brochure containing a full explanation of the field services of each MACSI location was developed to brand and promote MACSI's Field programs and raise awareness of this service.

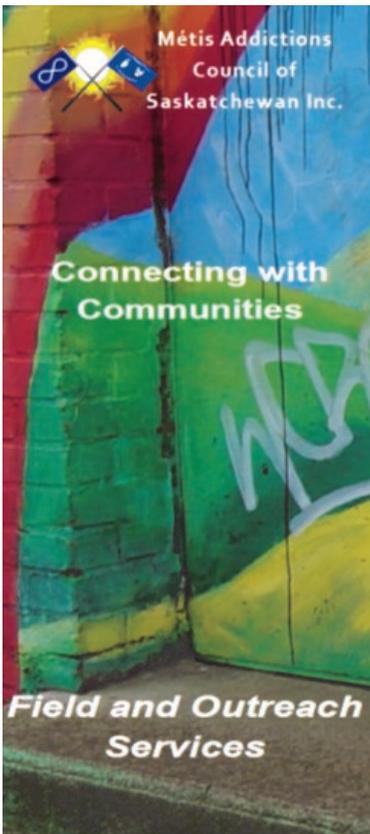
Public Education and Awareness

A significant partnership with the Saskatchewan Impaired Driver Treatment Centre created opportunity to increase awareness and educate Saskatchewan citizens about MACSI's services. Every group of 25-30 participants attending the 21 day IDTC program receives information about MACSI with a focus on Day Program. IDTC participants come from all regions of the province and represent a broad spectrum of substance use. As a result of this resource sharing agreement, MACSI reaches approximately 450 people each year.

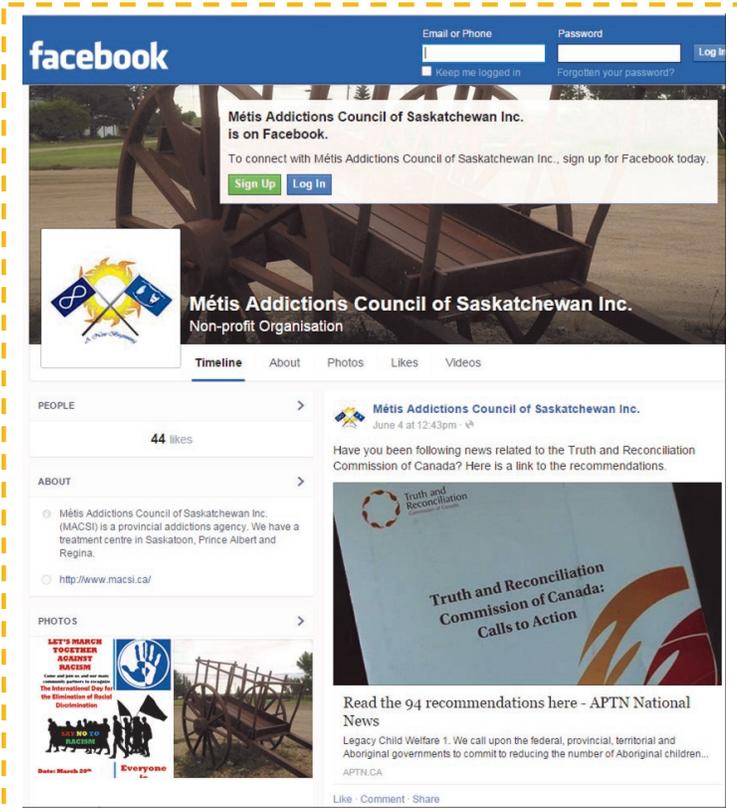
Research and Program Evaluation

A key outcome in this area was the completion of a full year Day Program Evaluation Report. Results were shared through the development of two PowerPoint presentations (one for service providers and one for participants) and a one page summary of findings. These documents were critical components in the communication, successful promotion and launch of Day Program in the Prince Albert facility.

Community Relations



A newly released Field Services brochure will help promote the availability of services within the community. Brochures will continue to be distributed in the coming year.



In early 2015 MACSI entered the world of Social Media with the launch of a Facebook page.

MACSI Prince Albert

MACSI Prince Albert Centre delivers Inpatient, Stabilization, Outpatient Services, community based Field Services for youth and adults and a pilot Day Program.

Continuum of Care

A highlight for MACSI Prince Albert Centre was the launch of a pilot Day Program in January this year. This flexible drop in program fills a community need and bridges a gap in the continuum of care by offering harm reduction based services to individuals. By the end of March, 31 individuals attended with a daily average of 6 attending plus the stabilization clients.

Field Program

The Field Program gained good footing in Prince Albert by actively engaging with community agencies, schools and individuals seeking information and services. Successful partnership agreements were in place with Community Training Residence, two schools and Share a Meal Food bank. The Field Educator regularly attended the Community Networking Coalition meetings and participated in meetings and events hosted by Prince Albert Addictions Awareness Committee. A highlight of the summer was MACSI's booth at the Prince Albert Street Fair where employees met hundreds of Prince Albert community members.

Cultural Connections

A major focus of our year was to forge stronger cultural connections. We accomplished this in our Inpatient Program through attendance at cultural activities such as sweat lodge, ceremonial feast, Pow-wows, a Round dance, Metis Fall Festival, several community hosted walks and celebration of Aboriginal Day in the park.

Holistic Recovery

MACSI Prince Albert strives to foster mental, spiritual, physical and emotional recovery and to give the clients the tools to continue the path of holistic recovery. We were able to introduce clients to many community agencies and a variety of topics through guest presentations on topics such as codependency, brain injury, depression and anxiety, gambling, child care, kidney health and FASD.

Stabilization Unit

This year we saw an increase in numbers accessing this service and an improved use of this department. We had a high number of clients with complex needs including cognitive impairments, mental health issues and ongoing trauma of living a challenging life. It has been necessary to continue to build working relationships with Addictions Services, Brief and Social Detox, physicians, pharmacists, health centres, other community service agencies in order to meet a baffling array of complex needs.

MACSI Prince Albert

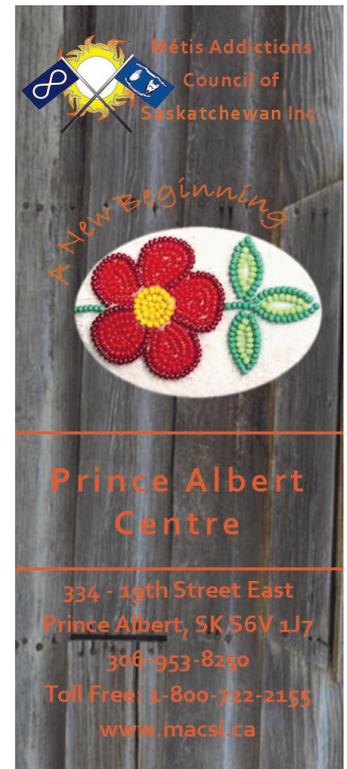
Prince Albert Treatment Centre Services Accessed	
Inpatient	161
Outpatient	61
Stabilization	138
Day Program (Final 3 months of year)	31
Total Services Accessed	391



A Quick Look at Stabilization Services

Prince Albert Centre is unique in having a 6 bed Stabilization department. Stabilization is a short-stay social detox service. Stabilization helps to establish physical, mental, spiritual and emotional stability in a safe setting. Participants attend group workshops and are encouraged to establish healthy daily routines and life patterns. Due to improved clarity of purpose and intake processes, stabilization saw a significant increase in client numbers in the past fiscal year.

- ✓ Referrals were made from detox units, legal system, physicians, social agencies, mental health services, NNADAP as well as outpatient and inpatient departments.
- ✓ The majority of stabilization clients are male.
- ✓ 30% have some form of legal involvement.
- ✓ 42% are current or prior IV drug users.
- ✓ 16% are prescribed psychiatric medication.
- ✓ 2/3 have attended addictions treatment previously.
- ✓ Following their stay, approximately 1/3 are considered to have completed the program, 1/3 transfer to another addiction service while another 1/3 self discharge within the initial days of their stay.



MACSI Regina

MACSI Regina Centre offers a 12 bed Inpatient Program, a range of screening, assessment and counselling through Outpatient Services and community based initiatives through Field Services. Regina MACSI is a key substance addictions service provider in the south central region of Saskatchewan and works closely with other service providers to meet client needs. It has been a positive year for MACSI Regina and what follows are selected highlights of the 2014-2015 fiscal year:

Creating Connections

The Field Educator role made gains in developing and strengthening several community connections this year. Community stakeholders were able to benefit from a variety of group workshops, educational presentations and one to one services. This has been good for our community and clients as stronger partnerships means improved referrals throughout treatment.

Helping Families

An important working partnership was made this year with Social Services – Child & Family Services Department. The Field Educator attends to clients at their facility and does one to ones and referrals as needed. We are meeting clients where they feel comfortable and this is very important for both agencies as we can work closer to help families struggling with substance addictions.

Improving Daily Practice

Small changes in daily practice can make a big difference. The daily work of counsellors was enhanced by improved processes for client file reviews, documentation, screening, assessment, case management as well as clinical and planning meetings. Following training, the Counsellors and Regional Director put these new processes in place and it is working out very well.

Celebrating Culture and Community

MACSI Regina team recognized National Aboriginal Day by volunteering and taking part in a community celebration at Wascana Park. We hosted a display table and gave out goodie bags and treats for the children. We also handed out informational materials, pamphlets, pens and bracelets as promotional giveaways. Clients from the centre attended and enjoyed the celebration. Although this was the first time for MACSI Regina to attend this community oriented event, we were highly satisfied with how busy our table was, the number of items handed out and the potential to raise our profile in the community. Later in the year we also attended a pipe ceremony, round dance and feast as well as an NA convention. Community events are valuable for staff and clients alike.

Welcoming Atmosphere

MACSI Regina regularly welcomes guests to our centre. This year we offered several facility tours and hosted practicum students. These are both good opportunities to increase awareness of MACSI services in Regina and strengthen connections.

MACSI Regina



Regina Treatment Centre Services Accessed	
Inpatient	73
Outpatient	180
Transitional	41
Total Services Accessed	294

A Quick Look at Transitional Service

MACSI Regina saw an increase in access to the Transitional program by 50% this fiscal year. Delivered in partnership with Regina Qu'Appelle health region (RQHR) 6 transitional beds are available to individuals requiring support for more complex needs. With a safe, stable living environment in place, individuals can attend medical appointments, secure permanent housing or apply for services before substance addictions treatment, after or while accessing other community programs. Access to the transitional service, coupled with the support of members of the transitional outreach team, improves the likelihood for individuals to establish a healthy recovery.

- ✓ The majority of transitional clients are male.
- ✓ Average stay is approximately 2 weeks.
- ✓ The majority are referred through detox.
- ✓ 80% identify the presenting problem as a combination of alcohol and drugs.
- ✓ About 50% are current or prior IV drug users.
- ✓ 25% are prescribed psychiatric medication.
- ✓ Following their stay, 75% are transferred to another service as part of their recovery plan.



MACSI Saskatoon

MACSI Saskatoon Centre offers Inpatient, Outpatient, Day Program and community based Field Services. All departments have been steady through the fiscal year and services accessed were equivalent to the previous year. This stability in service delivery allowed the Saskatoon Centre to focus on working as a team and engaging with community. The following are key accomplishments in these areas:

Community Cares Initiative

MACSI Saskatoon established Community Cares in 2014. This initiative aims to bring together a variety of organizations serving common clientele. By connecting as service providers we can better identify client needs in order to help them utilize the various services offered in Saskatoon. Each monthly meeting sees as many as twelve organizations at the table. MACSI Saskatoon is proud of this accomplishment and will carry this work into the coming year.

Recruitment and Retention

Recruitment and retention is an ongoing issue that influences all aspects of service delivery. MACSI Saskatoon has realized the benefits of recruiting and retaining qualified employees and is pleased that all 9 day time positions including counsellors, field, support staff and managers are permanent full time positions. The culture of teamwork stemming from a consistent workforce leads to high levels of job satisfaction and improved client care.

Client Centred Approach

Delivering services that put the client at the centre of what we do is a core value and a focus of the Saskatoon Centre. Every decision, conversation and action made within our centre is about the needs of clients who walk through our doors. For instance, during the past year we identified a number of clients experiencing the trauma of sexual assault while also struggling with substance addictions. Counsellors from the Saskatoon Sexual Assault Centre came to MACSI to begin counselling with clients ensuring this service was in place prior to completion of treatment.

Fostering Team Work

Team work is critical to our success. Weekly clinical and planning meetings are an expectation of how we deliver services and are engrained in the daily routine. These meetings improve awareness of what is happening in the centre, reveal progress being made and create opportunities to brainstorm, resolve problems and share creative approaches.

Day Program Success

For five years Saskatoon MACSI has offered flexible drop in substance addictions through our successful Day Program. Approximately 1500 participants have accessed services and as a team we have come to embrace the principles of harm reduction and the opportunity to serve those who seek solace and support through this program.

MACSI Saskatoon

Saskatoon Treatment Centre Services Accessed	
Inpatient	139
Outpatient	206
Field-Youth	12
Day Program	336
Total Services Accessed	693



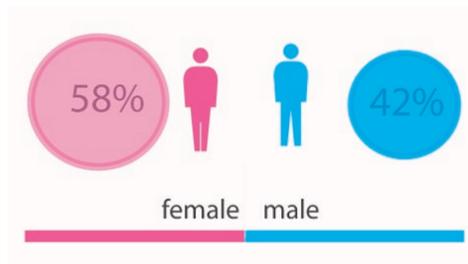
A Quick Look at Day Program

Saskatoon MACSI sets a standard in the delivery of the Day Program model of substance addictions. This program has been running for over 5 years, has served approximately 1500 individuals and has become an integral component of MACSI services. Over the years we have learned a good deal about Day Program participants and their particular needs.

336 individuals attended throughout the 2014-2015 fiscal year. Approximately 20 people attended each day.

Participants value the flexibility of a drop-in harm reduction approach to substance addiction treatment.

Unlike MACSI's other services or provincial and national findings, Day Program serves more females than males.



Of the females who attend, a high number (61%) are current or prior IV drug users. This finding differs from broader national trends and is comparably higher than the percentage of current or prior IV drug users for MACSI as a whole at 36%.



Participants of MACSI programs are welcome to add a leaf to the tree on the back wall. Each leaf is unique and the ever changing mural offers a compelling story of hope, resilience and recovery.

