

A Private Island Retreat

Selva Terra Island Resort, Panama

Selva Terra offers a secluded luxury and off-the-grid escape in tropical paradise. Surrounded by jungle and the ocean, the resort has numerous adventurous, inspiring, and relaxing things to do during your stay. You can experience some of the best nature tours Panama has to offer, all in one place!



Indulge in barefoot luxury, nourishing, ocean to table cuisine and a true nature immersion where adventure awaits you...



Getting here

- **Book International flights:** to Panama City Tocumen International Airport (PTY)
- **Book Domestic flights:** PTY (Copa Airlines) or PAC (Air Panama) airport to DAV.
- Round trip airport transfers from David Airport (DAV) are included in every stay.

The Resort



Things To Do

- | | | | |
|---|---|--|--|
|  Monkey Hike |  Kayak & SUP |  Surfing |  Beach Club |
|  Plantation Tour |  Yoga |  Scuba Diving |  Sportfishing |
|  Boquete Tour |  Snorkeling |  Towing Sports |  Island Hopping |
|  Whalewatching |  Sunset Cruise |  Pottery & Art Studio |  Spa |

Inclusions

- **Round Trip Airport Transfers** from David (DAV) to Selva Terra
- **Ocean to table all-inclusive** fresh and healthy meals: breakfast, lunch and 3-course dinner
- Selected **wines and beers**
- Use of **adventure equipment** including kayaks, SUP's and surfboards
- Access to Panama's top adventures in one place

 *Included*

 *Available to add-on*

Amenities

- Exclusive Private Island Resort
- High-speed Wi-Fi
- 2 private sandy beaches
- 2 outdoor pools
- Surf break
- Main restaurant with outdoor terrace
- Beach bar equipped with a grill
- Ocean-facing Yoga Shala
- Pottery studio
- Spa
- Outdoor games including chess, volleyball court and board games

Eco Wellness Resort



Yoga Shala

Covered and open air

Maximum capacity: 30 people.

Yoga props: Manduka non-slip yoga mats, blocks, straps, bolsters, blankets, eye pillows, sound meditation bowls.

Spa Cielo

Located on an adjacent island connected by a hanging bridge.

Treatments available:

- Hot stone massage
- Deep tissue
- Relaxing massage
- Exfoliating facial and body scrubs



Eco Resort

Selva Terra's power is generated by solar energy. During the day the system supplies energy and stores any excess energy in lithium-ion batteries, enough to power the resort throughout the night.

OCEAN TO TABLE CUISINE

We grow fruit and vegetables at our finca and incorporate seasonal harvests into our menus. The Gulf of Chiriqui is extremely abundant in marine life. All tuna and mahi-mahi is caught sustainably by the resort, and we take pride in working with local suppliers.



Luxury Accommodations



Ocean Views



Daily Housekeeping



Filtered & Hot Water



Shampoo & Conditioner



AC

9 Casitas

Retreat in privacy at our beachfront or Pacific ocean facing casitas surrounded by landscaped gardens. Every casita has its own bathroom, deck with ocean views and coffee machine. In total there are 7 individual casitas plus 2 that are annexed with an extended terrace

Single or double occupancy: king or twin configuration.



King casita



Twin casita



Site Maps

